

CE Class Type	Class Start Date	Official Class Name	Class Description 1-3 Paragraphs	Class Description Webpage link	Class Contact E-Mail	Class Contact Phone	Class City	Class State Abbreviation	Class Zip Code	Class CE Hours (numbers only)	CE Provider ~ Sponsor	CE Provider Approval Agency(s)
Live Class	12/9/2023	Breathwork, Meditation & Hands On Restorative Yoga	A 2 day course giving participants an opportunity to go deeper through different styles of Meditation, Breathwork and Restorative Yoga	www.letsgoinwellness.com	letsgoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	16	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	12/11/2023	Stepping Into Your Capabilities Business Development	Business Development	www.letsgoinwellness.com	letsgoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	4	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	1/27/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Charleston	SC	29418	16	Lara Fass	NCBTMB
Live Class	1/27/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	1/27/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	1/28/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Webinar	1/28/2024	Developing Your Intuition	Zoom Webinar-strengthen intuition & increase massage business. Provides exercises for accessing intuitive development.	https://shirleyknapp.com/product/developing-your-intuition-distance-learning-webinar-6-cehrs//	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	2/3/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Mooreville	NC	28117	16	Lara Fass	NCBTMB
Live Class	2/4/2024	Floating Hammock Massage Level 1	FHM is a game-changing new form of fully-clothed bodywork. The hammock acts like a continuation of fascia, allowing for three dimensional, tissue-melting touch from multiple directions resulting in deep relaxation.	https://floatinghammockmassage.com/	anna@yogabreathingwellness.com	2069487645	Greenville	NC	27858	16	Anna Dixon and Paige Parks	NCBTMB
Webinar	2/7/2024	The Psychosomatics of Ethics	How does the mindbody align itself with	reneshuford.com	blueridge@ctc.net	980-622-5220				6	Rene Shuford	NCBTMB
Live Class	2/9/24	Integrative Reflexology w/ Claire Marie Miller Seminars	Integrative Reflexology w/ Claire Marie Miller Seminars	https://ncmassageschool.arlo.co/w/courses/80-integrative-reflexology-w-claire-marie-miller-seminars/142	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	24	Claire Heymans ~ NC MASSAGE SCHOOL	NCBTMB

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Live Class	2/9/2024	Integrative Reflexology®	-Clients rave about foot reflexology. -Techniques are easy on the thumbs. -Reflexology charts that make sense and are easy to follow.	https://www.clairemariemiller.com/ir-schedule/february-9-11%2C-2024	massageclaire80@gmail.com	919-307-6141	Cornelius	NC	28031	24	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	2/11/2024	DeepFeet 1	barefoot massage, ashiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	25	DeepFeet	NCBTMB
Live Class	2/17/2024	Body Mechanics & Self Care	Learning how to move our bodies around a massage table and to take care of our joints is paramount. You will learn movements and exercises that will help improve your balance and posture while moving around a massage table and using your body to apply more pressure without compromising your joints. Plus, you will learn a routine to keep your body happy in body, mind and spirit.	https://www.bodyworktherapyseminars.com/classes/body-mechanics-and-self-care/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27513	7	Jean Rowe ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	2/21/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/dissection-club-28/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	2/23/2024	Cupping (Vacuum Therapy) for Manual Lymphatics Drainage	This course is designed to help individuals understand and appreciate the value of an electric vacuum machine (Cupping). This is a beginning course with students getting hands-on experience and instruction on the machine and how to use.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	2/23/2024	Manual Lymphatic Drainage: Introduction	This course helps therapist develop a basic awareness of what the Lymphatic System is, how to move and why we should move it. The student will understand the lymphatic pathways and how to treat the lymphatic flow for better health.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	4	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	2/23/24	The Art of Japanese Zen Facial Massage w/ Wolfgang Luckmann	The Art of Japanese Zen Facial Massage w/ Wolfgang Luckmann	https://ncmassagechool.arlo.co/w/courses/21-the-art-of-japanese-zen-facial-massage-w-wolfgang-luckmann/116	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Wolfgang Luckmann ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	2/23/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-jess-barnwell-3/	info@livingsabai.com	(828)450-0134	Orlando	FL	32819	7	Living Sabai	NCBTMB
Live Class	2/24/2024	A Full Body Lymph Drainage Using Silicone Cups & a Honey Facial	Detox Lymph Drainage Honey Facial	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	8	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	2/24/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Charleston	SC	29418	16	Lara Fass	NCBTMB

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Live Class	2/24/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	2/24/2024	Don't Age Out of Your Profession! Proper Body Mechanics For Long Term Success	Good body mechanics is essential for any success as a Licensed Massage Therapist. Join us as we explore the do's and don'ts of proper body positioning, ways to remain comfortable during long sessions / shifts, and the warning signs our body gives us when we need to rethink our techniques. Refreshments will be provided.	www.reviveeducation.com	ginacanzano@gmail.com	843-999-1619	Myrtle Beach	SC	29577	6	Gina M. Canzano ~ Revive Education	NCBTMB, SC
Live Class	2/24/2024	I-NMT: Thoracic Outlet and Shoulder Mobilizers	Learn how postural distortions that deviate from homeostatic posture cause pain and inflammation in the shoulder region and, if not addressed, often prevent the full rehabilitation of this region.	https://www.bodyworktherapyseminars.com/classes/thoracic-outlet-shoulder-mobilizers/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	16	Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	2/24/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	2/24/24	Lomi Lomi – Temple Style – Hawaiian Therapeutic Massage Workshop w/ Wolfgang Luckmann	Lomi Lomi – Temple Style – Hawaiian Therapeutic Massage Workshop w/ Wolfgang Luckmann	https://ncmassagechool.arlo.co/w/courses/24-lomi-lomi-temple-style-hawaiian-therapeutic-massage-workshop-w-wolfgang-luckmann/117	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	18	Wolfgang Luckmann ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	2/24/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-instructor-w-jess-barnwell/	info@livingsabai.com	(828)450-0134	Orlando	FL	32819	15	Living Sabai	NCBTMB
Live Class	2/25/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Webinar	2/25/2024	Marketing Your Business	Zoom Webinar- marketing & advertising techniques for business. Develop marketing plan, marketing budget & social media strategy.	https://shirleyknapp.com/product/marketing-your-business-webinar-6-cehrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	2/25/2024	Sarga Silks	barefoot massage, ashiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	2/26/2024	Techniques For Your Clients Using Foam Rollers and Tennis Balls	A full body protocol, for your clients to use in between your session using foam rollers and tennis balls	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	8	Let's Go In Wellness & Massage Holly Fisher	NCBTMB

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Live Class	2/27/2024	Thai Herbal Compress	You will learn the properties of each herb used in a Thai Herbal compress ball as well as how to make your own, safely steam them, and incorporate them into your sessions	https://livingsabai.com/events/thai-herbal-compress-massage-w-jill-burynski/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	7	Living Sabai	NCBTMB
Live Class	2/28/2024	Northern Thai Tok Sen Therapy	Learn the art and science of this ancient Northern Thai healing tradition. Tok Sen therapy employs a wooden hammer or mallet and chisel along the Thai Sen energy pathways. It acts a Thai form of tapotement, and the vibration caused by tapping along the Sen channels assists in releasing muscle tension and blocked energy.	https://livingsabai.com/events/northern-thai-tok-sen-therapy-w-jill-burynski/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	7	Living Sabai	NCBTMB
Live Class	2/29/24	Yoga, Meditation & Breathwork for Self-Care	Use this self-care class as a springboard into or a recommitment of practices that can help achieve, maintain and improve your ability to care for others. We'll combine movement practices (yoga) with breathing exercises (pranayama) and meditation in this wonderful self-care class. Design your own self-care plan with the stretches, breathing practices and meditations that resonate most with you. Approved for 4 continuing education hours in self-care through NCBTMB and 4 continuing education hours through YA in the YPLE category.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	3/1/24	What the Cup!? Intro to Orthopedic Cupping w/ Dr. Joi Edwards	What the Cup!? Intro to Orthopedic Cupping w/ Dr. Joi Edwards	https://ncmassageschool.arlo.co/w/courses/6-what-the-cup-intro-to-orthopedic-cupping-w-dr-joi-edwards/91	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	3/2/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-nashville-2/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	7	Living Sabai	NCBTMB
Live Class	3/2/24	What the Cup 2!? Advanced Techniques w/ Dr. Joi Edwards	What the Cup 2!? Advanced Techniques w/ Dr. Joi Edwards	https://ncmassageschool.arlo.co/w/courses/38-what-the-cup-2-advanced-techniques-w-dr-joi-edwards/96	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	3/6/2024	100 Hour Esalen® Massage Program	Description not provided, click description link to visit website.	https://www.stillpointwell.com/continuing-education	learn@stillpointwell.com	828-747-2333	Asheville	NC	28805	12	Robin Fann-Costanzo	NCBTMB

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Live Class	3/7/2024	Abdominal Therapy for Professionals: Part 1	This 4-day class focuses on the anterior portion of Abdominal Therapy as presented by the Abdominal Therapy Collective, Inc. (ATC), and works holistically with body, mind, and spirit. This training is open to all professional therapists who hold a qualification in anatomy and physiology and are able to perform massage on clients within the legal requirements of their state or country. We begin by giving you tools for your own self-care. You will then learn to apply these techniques to your clients. On completion of this course, you are welcomed into our Collective community as a practitioner and will be able to immediately offer the techniques you have learned to your clients. While Abdominal Therapy for the anterior body is an effective stand-alone treatment, we suggest you complete Part 2, which allows both you and your client a greater insight and opportunity for whole-body wellness. If your practice focuses on working with the pregnant population, Part 1 satisfies the requirement to attend Abdominal Therapy for Professionals Pregnancy to Postpartum.	https://www.abdominaltherapycollective.com/more-about-the-course-3-0/abdominal-therapy-for-professionals-part-1/r/recHyYPuMbbe2N5zz	donna@sevengenerationswellness.com	(919) 810-0003	Tryon	NC	28782	28	Abdominal Therapy Collective	NCBTMB
Live Class	3/9/24	Brazilian Chakras Reflexology w/ Janete Barringer	Brazilian Chakras Reflexology w/ Janete Barringer	https://ncmassagechool.arlo.co/w/courses/69-brazilian-chakras-reflexology-w-janete-barringer/133	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Janete Barringer ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	3/11/2024	Abdominal Therapy for Professionals: Part 1 & Part 2	This is an 8-day live hybrid class (online and in person) that starts with the online portion and ends with in-person hands-on instruction and practice. Part 1 focuses on the anterior portion of Abdominal Therapy as presented by the Abdominal Therapy Collective, Inc. (ATC), and works holistically with body, mind, and spirit. This training is open to all professional therapists who hold a qualification in anatomy and physiology and are able to perform massage on clients within the legal requirements of their state or country. We begin by giving you tools for your own self-care. You will then learn to apply these techniques to your clients. Building on this, Part 2 completes the abdominal therapy treatment, and focuses on the posterior body (lower back, hips, sacrum), balancing the pelvis and supporting the function of the abdominal organs. You will also learn how to treat additional specific pelvic and abdominal conditions. On completion of this course, you receive a one-year membership to the Abdominal Therapy Collective and are welcomed into our online Collective community. This class also satisfies the prerequisite to attend Abdominal Therapy for Professionals Pregnancy to Postpartum and/or the Abdominal Therapy for Professionals Plus class(es).	https://www.abdominaltherapycollective.com/more-about-the-course-3-0/abdominal-therapy-for-professionals-part-1-and-part-2-/r/recXJW1RjFSF9Czi	massage@amyclo.com	(303) 332-3956	Portland	OR	97225	56	Abdominal Therapy Collective	NCBTMB
Live Class	3/11/2024	Integrative Spa Facial Cupping	Elevate your massage practice with Integrative Spa Facial Cupping. Release facial tension, TMJ discomfort while giving your clients a natural face lift!	https://www.healingartsschool.com/new-events/2024/03/11/integrative-spa-facial-cupping-4	healingfeelsgood@gmail.com	(919) 297-8445	Raleigh	NC	27607	5	Apex Retreat Seminars with Fernanda Santiago ~ The Healing Arts and Massage School	NCBTMB
Live Class	3/11/2024	Lymphatic Massage for Detoxification	-Learn a complete protocol and be ready to give a full lymphatic massage tomorrow. -Increase the detoxifying effect with castor oil packs	https://www.clairemariemiller.com/lmd-schedule/march-11-12%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Webinar	3/13/2024	Building Your Business Webinar	Zoom Webinar-principles and practices of business. Business start-up, business plan, financial & administrative procedures. Develop Marketing Strategy.	https://shirleyknapp.com/product/building-your-business-webinar-6-cehrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts

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Live Class	3/13/2024	Nurturing the Belly Visceral Abdominal Massage	-Everyone needs a good belly rub! -Massage helps clients with constipation, IBS and other irregularities with the intestinal area. -Castor oil packs included.	https://www.clairemariemiller.com/ntb-schedule-1/march-13%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	7	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	3/14/24	Mindful Business Mastery1: Integrating Meditation, Mandalas & Mind Mapping for Marketing	Learn how to harness the power of meditation, mandalas and mind-mapping to enhance focus and creativity, decision-making, and overall success in marketing strategy. Participants will develop a solid understanding of meditation techniques, mind mapping and their application in a business context. They will be equipped with tools to enhance focus and creativity, leading to improved business planning & marketing.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	3/15/2024	Basic Lymphatic Massage	This basic 3 day class focuses on drainage of superficial and deep lymphatic vessels of upper and lower extremities. Includes techniques for lymphatic breast care and liver. Information about benefits, contraindications and precautions including edema and lymphedema will be covered. Once complete, you will be able to give a full lymphatic massage session, Smaller Class centrally located at a private venue in East Asheville.	http://www.holisticsymmetry.com/CE-classes/	ellengayle@holisticsymmetry.com	(828) 450-0979	Asheville	NC	28805	21	Ellen Gayle Sovinee	NCBTMB
Live Class	3/15/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-w-heather-rowell-3/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	7	Living Sabai	NCBTMB
Live Class	3/15/24	Thai Massage for the Table w/Living Sabai	Thai Massage for the Table w/Living Sabai	https://ncmassagechool.ario.co/w/courses/8-thai-massage-for-the-table-w-living-sabai/108	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	7	Living Sabai ~ NC MESSAGE SCHOOL	NCBTMB
Live Class	3/16/2024	Body Mechanics & Self Care	Learning how to move our bodies around a massage table and to take care of our joints is paramount. You will learn movements and exercises that will help improve your balance and posture while moving around a massage table and using your body to apply more pressure without compromising your joints. Plus, you will learn a routine to keep your body happy in body, mind and spirit.	https://www.bodyworktherapyseminars.com/classes/body-mechanics-and-self-care/	massage@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	7	Jean Rowe ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	3/16/2024	Getting Specific: Hip & Shoulder Girdles	Learn the underlying causes of chronic pain in the hip and shoulder areas so you can actually resolve client problems instead of treating symptoms.	https://www.ashevillemassagetherapy.net/product/more-hip2024/	melissa@ashevillemassagetherapy.net	(828) 450-4555	Morehead City	NC	28557	14	Melissa Cope	NCBTMB, NC, SC, GA, TN
Live Class	3/16/2024	Introduction to Esalen® Massage	This workshop is great for new massage therapists as an introduction to the healing art of Esalen Massage. Explore the history and philosophy of the work and learn to give and receive a basic introductory Esalen massage.	https://www.stillpointwell.com/continuing-education	learn@stillpointwell.com	828-747-2333	Asheville	NC	28805	12	Robin Fann-Costanzo	NCBTMB
Live Class	3/16/2024	Thai Herbal Compress	You will learn the properties of each herb used in a Thai Herbal compress ball as well as how to make your own, safely steam them, and incorporate them into your sessions	https://livingsabai.com/events/thai-herbal-compress-massage-w-heather-rowell-2/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	7	Living Sabai	NCBTMB

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Live Class	3/16/24	Thai Herbal Compress Massage w/Living Sabai	Thai Herbal Compress Massage w/Living Sabai	https://ncmassageschool.arlo.co/w/courses/9-thai-herbal-compress-massage-w-living-sabai/111	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	7	Living Sabai ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	3/18/2024	Ashi-Table Thai	barefoot massage, ashitsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	3/18/2024	Nurturing the Mother® Fertility Massage	-Learn massage tools to support a healthy reproductive system. -Help clients with their dream of creating a family	https://www.clairemariemiller.com/fm-cmm/march-18-20%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	3/20/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/disssection-club-29/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	3/20/2024	Easy Deep Tissue: More Pressure, Less Effort	Do your wrists, hands, neck, back hurt after a full day of massage? Ready to retire because you feel exhausted and spend your days off sleeping? This class can help you recharge and continue to do what you love.	https://www.ashevillermassage.com/product/wilmington-ed2024/	melissa@ashevillermassage.net	(828) 450-4555	Wilmington	NC	28403	14	Melissa Cope	NCBTMB, NC, SC, GA, TN
Live Class	3/22/2024	Thai Massage for the Table	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/thai-massage-for-the-table-w-john-kowalski-2/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	7	Living Sabai	NCBTMB
Live Class	3/22/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-mariejean-pdx/	info@livingsabai.com	(828)450-0134	Portland	OR	97220	7	Living Sabai	NCBTMB
Live Class	3/23/24	Advanced Clinical Anatomy: Upper Extremity & Back w/ Nate Novgrad	Advanced Clinical Anatomy: Upper Extremity & Back w/ Nate Novgrad	https://ncmassageschool.arlo.co/w/courses/72-advanced-clinical-anatomy-upper-extremity-back-w-nate-novgrad/122	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	14	Nate Novgrad ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	3/23/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Fuquay	NC	27526	16	Michelle Lally	NCBTMB

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Live Class	3/23/2024	Don't Age Out Of Your Profession! Proper Body Mechanics For Long Term Success	Good body mechanics is essential for any success as a Licensed Massage Therapist. Join us as we explore the do's and don'ts of proper body positioning, ways to remain comfortable during long sessions / shifts, and the warning signs our body gives us when we need to rethink our techniques. Refreshments will be provided.	www.reviveeducation.com	ginacanzanotherapy@gmail.com	843-999-1619	Myrtle Beach	SC	29577	6	Gina M. Canzano ~ Revive Education	NCBTMB, SC
Live Class	3/23/2024	Introduction to Lymphatic Drainage I - Upper Body	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	3/23/2024	Thai Herbal Compress	You will learn the properties of each herb used in a Thai Herbal compress ball as well as how to make your own, safely steam them, and incorporate them into your sessions	https://livingsabai.com/events/thai-herbal-compress-massage-w-john-k/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	7	Living Sabai	NCBTMB
Live Class	3/23/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-marijean-pdx/	info@livingsabai.com	(828)450-0134	Portland	OR	97220	15	Living Sabai	NCBTMB
Live Class	3/23/2024	Thai on the Table -Part 1	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This weekend course focuses on Thai Table techniques for the Supine, Prone and Side-Lying positions.	https://www.eventbrite.com/e/756274195477	michaelsitzer@gmail.com	828-774-2662	Johns Creek	GA	29621	6	Michael Sitzer	NCBTMB, FL
Live Class	3/24/2024	Advanced Clinical Anatomy: Upper Extremity & Back	We will cover the clinically relevant anatomy including muscles, bones, nerves, and cardiovascular structures of the upper extremity and back by finding them with our hands. We will also discuss the relevant pathologies related to these structures as we cover them.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Cornelius	NC	28031	14	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	3/24/2024	Thai on the Table - Part 2	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This weekend course focuses on Thai Table techniques for the Supine, Prone and Side-Lying positions.	https://www.eventbrite.com/e/756274195477	michaelsitzer@gmail.com	828-774-2662	Johns Creek	GA	29621	6	Michael Sitzer	NCBTMB, FL
Live Class	3/25/2024	Forearm Massage	A fullbody approach using forearms	www.letsacoinwellness.com	letsacoinwellness@meditation@ga	252-422-0988	Morehead City	NC	28557	6	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	3/26/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-jill-stillpoint/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	21	Living Sabai	NCBTMB
Live Class	3/30/2024	Next Level Thai Massage -part 1	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is advanced techniques for students already practicing Thai Massage.	https://www.eventbrite.com/e/next-level-thai-an-advanced-course-for-thai-practitioners-tickets-756279691917	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	3/30/2024	Thai Foot Reflexology	Thai Foot Reflexology extends from some of the world's oldest traditional medicine practices. In Thai Reflexology the focus is	https://www.bodyworktherapyseminars.com/classes/experience-zen-as-a-lifestyle/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	8	Jill Huffman ~ Bodywork Therapy	NCBTMB
Live Class	3/31/2024	Experience Zen As A Lifestyle	This path towards mindful self-care guides individuals into a healthier well-being by teaching them how to prevent or reduce stress/burn-out, through MINDFULNESS.	https://www.bodyworktherapyseminars.com/classes/experience-zen-as-a-lifestyle/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	4	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB

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Live Class	3/31/2024	Next Level Thai Massage -part 2	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is advanced techniques for students already practicing Thai Massage.	https://www.eventbrite.ie/e/next-level-thai-an-advanced-course-for-thai-practitioners-tickets-756279691917	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	4/1/24	Gua Sha Fundamentals w/ Fernanda Santiago	Gua Sha Fundamentals w/ Fernanda Santiago	https://ncmassagechool.arlo.co/w/courses/68-gua-sha-fundamentals-w-fernanda-santiago/104	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Fernanda Santiago ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	4/2/24	Aromatherapy Essentials for Healthy Skin & Facial Gua Sha w/ Fernanda Santiago	Aromatherapy Essentials for Healthy Skin & Facial Gua Sha w/ Fernanda Santiago	https://ncmassagechool.arlo.co/w/courses/54-aromatherapy-essentials-for-healthy-skin-facial-gua-sha-w-fernanda-santiago/102	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Fernanda Santiago ~ NC MASSAGE SCHOOL	NCBTMB
Webinar	4/3/2024	Developing Your Intuition	Zoom Webinar-strengthen intuition & increase massage business. Provides exercises for accessing intuitive development.	https://shirleyknapp.com/product/developing-your-intuition-distance-learning-webinar-6-cehrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	4/5/2024	Craniosacral, Level I	Cranial Sacral Therapy is gaining in recognition and popularity with the general population. This class will give the therapist a clear understanding of the theory and benefits of this cutting-edge therapy and when to apply it. These techniques can also be easily integrated into a general wellness massage promoting relaxation and introducing the client to cranial sacral therapy. A discussion about developing focused listening skills will encourage the therapist to take the practice beyond technique to mastery. The techniques given in this class form a complete treatment protocol.	https://www.healingartsschool.com/new-events/2024/04/05/craniosacral-level-one-16-ce	lighthandmuscltherapy@gmail.com	(864) 387-0435	Raleigh	NC	27607	16	Light Hand Clinical Massage Therapy with Theresa Wilkes ~ The Healing Arts and Massage School	NCBTMB
Live Class	4/5/24	Indian head, face and foot massage with Ayurvedic oils w/ Wolfgang Luckmann	Indian head, face and foot massage with Ayurvedic oils w/ Wolfgang Luckmann	https://ncmassagechool.arlo.co/w/courses/74-indian-head-face-and-foot-massage-with-ayurvedic-oils-w-wolfgang-luckmann/124	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Wolfgang Luckmann ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	4/5/2024	Mindfulness ... Stepping Into The Flow	no description providedt		jerisenor@gmail.com	828-337-5615	Asheville	NC	28803	18	Jeri Senior	NCBTMB, Yoga Alliance
Live Class	4/6/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Mooreville	NC	28117	16	Lara Fass	NCBTMB

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Live Class	4/6/24	Chinese craniosacral therapy with QIGONG - A TAOIST healing art w/ Wolfgang Luckmann	Chinese craniosacral therapy with QIGONG - A TAOIST healing art w/ Wolfgang Luckmann	https://ncmassageschool.arlo.co/w/courses/75-chinese-craniosacral-therapy-with-qigong-a-taoist-healing-art-w-wolfgang-luckmann/125	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	18	Wolfgang Luckmann ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	4/6/2024	Codes of Conduct for Self Care	no description provided		jerisenor@gmail.com	828-337-5615	Asheville	NC	28803	3	Jeri Senor	NCBTMB, Yoga Alliance
Live Class	4/6/2024	Ethics	Discussion will center on ethical guidelines for North Carolina licensed Massage Therapists and Bodyworkers with an emphasis on small group sharing and practicalities.		jerisenor@gmail.com	828-337-5615	Asheville	NC	28803	3	Jeri Senor	NCBTMB, Yoga Alliance
Live Class	4/6/2024	I-NMT: Neuromuscular therapy for Lumbar, Pelvis, and Posture Analysis	Learn how tilt, rotation, torque, flexion/extension and projection affect spinal and pelvic alignment and pressure on the sacroiliac joint. Learn to rebalance fascial and muscular pelvic tonus surrounding the body's center of gravity.	https://www.bodyworktherapyseminars.com/classes/lumbar-pelvis-and-posture-analysis/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	16	Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	4/6/2024	Introduction to Lymphatic Drainage II - Lower Body	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVail	NCBTMB
Live Class	4/6/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-john-kowalski/	info@livingsabai.com	(828)450-0134	Harrisburg	PA	17110	7	Living Sabai	NCBTMB
Live Class	4/7/2024	Deep Lymph Flushing Massage	This course will teach the basic techniques of traditional manual lymph drainage as well as deeper flushing techniques drawn from sports massage techniques and physical therapy techniques. There is a focus on treating chronic pain and illness. These conditions lead to deep, long held stores of inflammation and stagnation in the tissues of the abdomen, organs, and extremities. This course will not focus on oncology treatments.	https://www.healingartsschool.com/new-events/2024/04/07/deep-lymph-flushing-massage-16ce	lighthandmuscltherapy@gmail.com	(864) 387-0435	Raleigh	NC	27607	16	Light Hand Clinical Massage Therapy with Theresa Wilkes ~ The Healing Arts and Massage School	NCBTMB
Live Class	4/7/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-w-john-kowalski/	info@livingsabai.com	(828)450-0134	Harrisburg	PA	17110	7	Living Sabai	NCBTMB
Webinar	4/9/2024	Ethics (Standards Of Practice)	Standards of Practice ethics class discusses and explores best practice for informed consent, clear boundaries and expectations, as well as best practices that represent a qualified industry. From time to time sub-topics relating to current events affecting our industry will be included. We will discuss matters pertaining to recent issues brought to a licensing or registrant board's attention as well as national news affecting the industry.	https://www.bodyworktherapyseminars.com/classes/ethics-standards-of-practice/	massagetherapy@handsonhealthnc.com	919-694-1354				3	Bodywork Therapy Seminars Hands On Health	NCBTMB

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Live Class	4/12/24	Nurturing the Mother – Fertility Massage Specialist Certification w/ Claire Marie Miller	Nurturing the Mother – Fertility Massage Specialist Certification w/ Claire Marie Miller	https://ncmassageschool.arlo.co/w/courses/16-nurturing-the-mother-fertility-massage-specialist-certification-w-claire-marie-miller/68	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	24	Michelle Lockhart, Monica Fouty ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	4/12/2024	Nurturing the Mother® Fertility Massage	-Learn massage tools to support a healthy reproductive system. -Help clients with their dream of creating a family	https://ncmassageschool.arlo.co/w/courses/16-nurturing-the-mother-fertility-massage-specialist-certification-w-claire-marie-miller/68	braidedwillow2023@gmail.com	336-914-1723	Cornelius	NC	28031	24	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	4/13/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Charleston	SC	29148	16	Lara Fass	NCBTMB
Live Class	4/15/2024	Integrative Reflexology®	-Clients rave about foot reflexology. -Techniques are easy on the thumbs. -Reflexology charts that make sense and are easy to follow.	https://www.clairemariemiller.com/ir-schedule/april-15-17%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	4/17/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/disssection-club-30/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	4/18/2024	Advanced Integrative Reflexology® Muscie Reflexology with Meridians	-Bring your reflexology into the bodywork session. -More insights and more reflexology tools	https://www.clairemariemiller.com/advir-schedule/april-18-19%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	4/18/2024	DeepFeet 2	barefoot massage, ashiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	4/19/2024	Ethics: Breast Massage	This class is designed to review the ethical concerns while working with breast tissue. We will discuss the significance of touch and the many variances of touch from different cultures. We will distinguish the difference between goals, intention, and attentions with your touch.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	4/19/2024	Foundation in Breast Health/Massage	Pre-requisite for Breast Health-Advanced 2 Day Class: This class will go into the basic knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system prior to beginning breast massage. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	5	Claire Jelnick / Effie Spurlin	NCBTMB

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Live Class	4/19/24	Mindful Business Mastery 1: Integrating Meditation, Mandalas & Mind Mapping for Marketing	Learn how to harness the power of meditation, mandalas and mind-mapping to enhance focus and creativity, decision-making, and overall success in marketing strategy. Participants will develop a solid understanding of meditation techniques, mind mapping and their application in a business context. They will be equipped with tools to enhance focus and creativity, leading to improved business planning & marketing.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	4/19/2024	Reiki I - Awaken	This Reiki I class is taught in the tradition of Mikao Usui of Japan. Its history, philosophy, ethical considerations and scope of practice are taught to students at this level. By following steps taught by a trained Reiki Master/Teacher, anyone is able to direct the "light energy" of Reiki to meet individual needs of self and others. In classes that teach Reiki, an attunement process is performed for each person wishing to access the energy as a healing modality. It can then be used either as a stand-alone treatment technique or as an adjunct to massage or other bodywork. The first level of Reiki requires four attunements to fully open to the flow of the energy through the chakra system. The students receive their attunements from the Master Level instructor during the Reiki class.	https://www.healingartsschool.com/new-events/2024/04/19/reiki-awaken-14-ce	debshyp@gmail.com	(910) 200-9442	Raleigh	NC	27607	14	Restored Essence with Debra Collins ~ The Healing Arts and Massage School	NCBTMB
Live Class	4/19/24	Yoga, Meditation & Breathwork for Self-Care	Use this self-care class as a springboard into or a recommitment of practices that can help achieve, maintain and improve your ability to care for others. We'll combine movement practices (yoga) with breathing exercises (pranayama) and meditation in this wonderful self-care class. Design your own self-care plan with the stretches, breathing practices and meditations that resonate most with you. Approved for 4 continuing education hours in self-care through NCBTMB and 4 continuing education hours through YA in the YPLE category.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	4/20/2024	Breast Health - Advanced	This class advances the knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system for improved breast health. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	16	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	4/20/2024	Thai on the Table - Part 1	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This weekend course focuses on Thai Table techniques for the Supine, Prone and Side-Lying positions.	https://www.eventbrite.ie/e/thai-on-the-table-training-in-asheville-nc-18-ces-tickets-756286321747	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Webinar	4/21/2024	Ethics Standard V	Zoom Webinar- principles and practices of professional ethics. Includes NCBTMB Standard V: Roles and Boundaries.	https://shirleyknapp.com/product/ethics-standard-v-webinar-3-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				3	Shirley Knapp	NCBTMB, NC, TN, SC, GA
Live Class	4/21/2024	Thai on the Table - Part 2	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This weekend course focuses on Thai Table techniques for the Supine, Prone and Side-Lying positions.	https://www.eventbrite.ie/e/thai-on-the-table-training-in-asheville-nc-18-ces-tickets-756286321747	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	4/22/2024	Nurturing the Mother® Wise Woman Menopause Massage	-Massage and aromatherapy to soothe, nurture and balance women going through this life changing transition.	https://www.clairemariemiller.com/mm-schedule/april-22-23%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL

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Live Class	4/26/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-jess-barnwell-ort/	info@livingsabai.com	(828)450-0134	Orlando	FL	32819	21	Living Sabai	NCBTMB
Live Class	4/27/24	Acupressure – The First Needle w/ Nate Novgrad	Acupressure – The First Needle w/ Nate Novgrad	https://ncmassageschool.arlo.co/w/courses/13-acupressure-the-first-needle-w-nate-novgrad/76	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	7	Nate Novgrad ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	4/27/2024	Acupressure: The First Needle	Learn the Chinese channel system and how to quickly treat pain without memorizing specific points. We will teach you everything you need to know to incorporate acupressure into your practice.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Cornelius	NC	28031	7	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	4/27/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	4/27/2024	Breathwork, Meditation & Hands On Restorative Yoga	A 2 day course giving participants an opportunity to go deeper through different styles of Meditation, Breathwork and Restorative Yoga	www.letsgoinwellness.com	letsgoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	16	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	4/27/2024	Don't Age Out of Your Profession! Proper Body Mechanics For Long Term Success	Good body mechanics is essential for any success as a Licensed Massage Therapist. Join us as we explore the do's and don'ts of proper body positioning, ways to remain comfortable during long sessions / shifts, and the warning signs our body gives us when we need to rethink our techniques. Refreshments will be provided.	www.reviveeducation.com	ginacanzanotherapy@gmail.com	843-999-1619	Myrtle Beach	SC	29577	6	Gina M. Canzano ~ Revive Education	NCBTMB, SC
Live Class	4/27/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	4/27/2024	Joints: Pain Reduction for Osteoarthritis	See website (click description link)	https://www.wholistichealthstudionc.com/2024-workshops	info@wholistichealthstudionc.com	919-489-5355	Smithfield	NC	27513	8	Stewart Walker	NCBTMB
Live Class	4/27/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-jill-2/	info@livingsabai.com	(828)450-0134	Asheville	NC	28806	15	Living Sabai	NCBTMB
Live Class	4/28/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	4/28/2024	DeepFeet 1 BIPOC Special	barefoot massage, ashitsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	25	DeepFeet	NCBTMB
Live Class	4/28/2024	Efficient Body Mechanics for Bodywork	Learn efficient ways to move from Tai Chi that are directly applied to doing massage so as to do more with less effort.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Cornelius	NC	28031	6	Waynesville Wellness	NCBTMB, NCCAOM

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Live Class	5/4/2024	Thai on the Table in Charlotte - Part 1	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This weekend course focuses on Thai Table techniques for the Supine, Prone and Side-Lying positions.	https://www.eventbrite.ie/e/thai-on-the-table-training-in-charlotte-nc-18-ces-tickets-756288879397	michaelsitzer@gmail.com	828-774-2662	Charlotte	NC	28205	6	Michael Sitzer	NCBTMB, FL
Live Class	5/5/2024	Getting Specific: Hip & Shoulder Girdles	Learn the underlying causes of chronic pain in the hip and shoulder areas so you can actually resolve client problems instead of treating symptoms.	https://www.healingartsschool.com/new-events/2024/05/05/easy-dt-getting-specific-hip-shoulder-girdles-14-ce	info@healingartsschool.com		Raleigh	NC	27607	14	Melissa Cope	NCBTMB, NC, SC, GA, TN
Live Class	5/5/2024	Getting Specific: Hip and Shoulder Girdles	Do you have clients with chronic neck and upper back pain or with sciatica and chronic low back pain? Wonder why they don't get relief from working the areas that hurt? This course will allow you to alleviate and sometimes eliminate these issues for your clients. Click the description link to learn more and visit the registration site.	https://www.healingartsschool.com/new-events/2024/05/05/easy-dt-getting-specific-hip-shoulder-girdles-14-ce	melissa@ashevillmassageherapy.net	(828) 450-4555	Raleigh	NC	27607	14	Melissa Cope ~ The Healing Arts and Massage School	NCBTMB
Live Class	5/5/2024	Thai on the Table in Charlotte - Part 2	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This weekend course focuses on Thai Table techniques for the Supine, Prone and Side-Lying positions.	https://www.eventbrite.ie/e/thai-on-the-table-training-in-charlotte-nc-18-ces-tickets-756288879397	michaelsitzer@gmail.com	828-774-2662	Charlotte	NC	28205	6	Michael Sitzer	NCBTMB, FL
Live Class	5/6/2024	Nurturing the Mother® Pregnancy and Postpartum Massage	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.clairemariemiller.com/ntm-schedule-1/May-6-8%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Webinar	5/8/2024	Building Your Business Webinar	Zoom Webinar-principles and practices of business. Business start-up, business plan, financial & administrative procedures. Develop Marketing Strategy.	https://shirleyknapp.com/product/building-your-business-webinar-6-ces-hrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	5/10/2024	Art of Transformational Touch	Explore Multi-Dimensional techniques, bringing the beauty of the clients body by slowly unravelling held patterns and exploring movement as a key to healing. These techniques will help open and remove stagnant patterns within the client by a process that involves truly meeting the client where they are at.	https://www.ncmassagechampionship.com/store/p/introduction-into-the-art-of-transformational-touch-with-tracey-windmill	ourpositivelife@gmail.com	828-550-5164	Charlotte	NC	28027	6	Tracey Windmill	NCBTMB
Conference	5/10/2024	Forearm Fusion Foundations One Day Course	Forearm Fusion was designed to teach the massage therapist how to use maximum pressure with minimal effort and strain, preventing repetitive use injuries and burnout. The one-day Forearm Fusion course will teach new and seasoned therapists foundations for improving body mechanics and how to use all aspects of the forearm and elbow. These techniques will allow the therapist to provide their client with a custom massage without using their hands or thumbs.	https://ncmassagechampionship.com/store/ce-classes	ourpositivelife@gmail.com	828-550-5164	Charlotte	NC	28027	8	Jim Funk	NCBTMB

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Live Class	5/10/2024	Forearm Fusion Foundations One Day Course	Forearm Fusion was designed to teach the massage therapist how to use maximum pressure with minimal effort and strain, preventing repetitive use injuries and burnout. The one-day Forearm Fusion course will teach new and seasoned therapists foundations for improving body mechanics and how to use all aspects of the forearm and elbow. These techniques will allow the therapist to provide their client with a custom massage without using their hands or thumbs.	https://ncmassgechampionship.com/store/ce-classes	ourpositivelife@gmail.com	828-550-5164	Charlotte	NC	28027	8	Jim Funk	NCBTMB
Live Class	5/10/2024	Good Massage Gone Bad	Recognizing the Red Flags is a therapist training program created to walk therapists through the process of screening clients, how to set up their practice and to reduce the chances of attracting solicitation. This course is designed to provide therapists with the skill set needed to begin feeling confident in their ability to identify and deal with clients who are looking for illicit services. This course also includes when and how to include law enforcement as well as self defence. The intention of this course is to inspire massage therapists to share their skills with others and learn how to properly educate their clients.	https://www.schedulicity.com/scheduling/SFTKGCJ	tinah.cipi@gmail.com	336-448-9460	Charlotte	NC	28027	8	Tina Hopkins	NCBTMB
Live Class	5/10/24	Integrative Reflexology- SPA w/ Claire Marie Miller Seminars	Integrative Reflexology- SPA w/ Claire Marie Miller Seminars	https://ncmassageschool.arlo.co/w/courses/87-integrative-reflexology-spa-w-claire-marie-miller-seminars/144	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Claire Heymans ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	5/10/2024	Integrative Reflexology® Spa	-An Integrative Reflexology® approach to seeing the body holistically	https://www.clairemariemiller.com/irspa-schedule/may-10-11%2C-2024	massageclaire80@gmail.com	919-307-6141	Cornelius	NC	28031	16	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	5/11/2024	Body Mechanics & Self Care	Learning how to move our bodies around a massage table and to take care of our joints is paramount. You will learn movements and exercises that will help improve your balance and posture while moving around a massage table and using your body to apply more pressure without compromising your joints. Plus, you will learn a routine to keep your body happy in body, mind and spirit.	https://www.bodyworktherapyseminars.com/classes/body-mechanics-and-self-care/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	7	Jean Rowe ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	5/11/2024	Don't Age Out Of Your Profession! Proper Body Mechanics For Long Term Success	Good body mechanics is essential for any success as a Licensed Massage Therapist. Join us as we explore the do's and don'ts of proper body positioning, ways to remain comfortable during long sessions / shifts, and the warning signs our body gives us when we need to rethink our techniques. Refreshments will be provided.	www.reviveeducation.com	ginacanzanotherapy@gmail.com	843-999-1619	Myrtle Beach	SC	29577	6	Gina M. Canzano ~ Revive Education	NCBTMB, SC
Live Class	5/11/2024	Experience Zen As A Lifestyle	This path towards mindful self-care guides individuals into a healthier well-being by teaching them how to prevent or reduce stress/burn-out, through MINDFULNESS.	https://www.bodyworktherapyseminars.com/classes/experience-zen-as-a-lifestyle/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	4	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	5/11/2024	Practical Orthopedic Assessment: Lower Extremity	Learn how to perform a proper orthopedic assessment of the lower extremity including thorough history, range of motion testing, and special tests.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Greensboro	NC	27408	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	5/11/2024	Stretching on the Table	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	5/12/2024	DeepFeet 1	barefoot massage, ashatsu, deeptissue	www.carolinadeeppet.com	carolinadeeppet@gmail.com	828-777-0456	Asheville	NC	28804	25	DeepFeet	NCBTMB

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Live Class	5/15/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/dissection-club-31/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	5/15/24	Mindful Business Mastery1: Integrating Meditation, Mandalas & Mind Mapping for Marketing	Learn how to harness the power of meditation, mandalas and mind-mapping to enhance focus and creativity, decision-making, and overall success in marketing strategy. Participants will develop a solid understanding of meditation techniques, mind mapping and their application in a business context. They will be equipped with tools to enhance focus and creativity, leading to improved business planning & marketing.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	5/15/2024	Thai Massage Master Class	This game-changing class will take you from a massage therapist who does Thai Massage to a "Thai Massage Therapist". Learn advanced techniques, take a deeper dive into the cultural and spiritual aspects of Thai massage and how to design customized sessions for your clients.	https://livingsabai.com/events/thai-massage-master-class-w-jill-burynski-2/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	16	Living Sabai	NCBTMB
Live Class	5/17/2024	Cupping (Vacuum Therapy) for Manual Lymphatics Drainage	This course is designed to help individuals understand and appreciate the value of an electric vacuum machine (Cupping). This is a beginning course with students getting hands-on experience and instruction on the machine and how to use.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	5/17/2024	Manual Lymphatic Drainage: Introduction	This course helps therapist develop a basic awareness of what the Lymphatic System is, how to move and why we should move it. The student will understand the lymphatic pathways and how to treat the lymphatic flow for better health.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	4	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	5/17/24	MediCupping bodywork therapy w/ Annie Garic	MediCupping bodywork therapy w/ Annie Garic	https://ncmassagechool.arlo.co/w/courses/17-medicupping-bodywork-therapy-w-annie-garic/60	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	22	Annie Garic ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	5/17/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-john-kowalski-2/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	21	Living Sabai	NCBTMB
Live Class	5/17/2024	The Anatomy of A Teacher: Exploring the Mindful Relationship of Self, Student and Subject, Part 2	teacher training	reneshuford.com	blueridge@ctc.net	980-622-5220	Lansing	NC	28643	72	Rene Shuford	NCBTMB
Live Class	5/17/2024	The Cranial System: Structure & Motion 1	This initial 3 day cranial sacral training covers identifying the cranial sacral motion; locating, evaluating and freeing up areas of restriction at sutures, fascia and meninges. Cranial Sacral Techniques from 3 different osteopaths will be provided. Smaller class size centrally located at a private venue in beautiful E. Asheville.	http://www.holisticsymmetry.com/CE-classes/	ellengayle@holisticsymmetry.com	(828) 450-0979	Asheville	NC	28805	21	Ellen Gayle Sovinee	NCBTMB

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Live Class	5/17/2024	What Drugs are in Your System? Assessing Medications with Massage & Bodywork	This course focuses on pharmacology for massage therapy. Whether purchased over-the-counter, prescribed for a chronic condition, or utilized for an acute illness, the majority of Americans are on some pharmaceutical medication. Some drugs may have a significant effect on how massage works, and others will have little to no effect. Most medications will fall in between, that is, the effect will be small, but it will be enough that minor changes in how massage is applied will need to be made. Altering massage techniques will allow the massage therapist to better meet the goals of the session. Therapists will learn step-by-step techniques that will assist them in considering the drugs each client is taking and determining cautions, contraindications, effects on massage, and the best massage techniques to use with each client. The learned information will allow the therapist to truly individualize each massage session based on the client's medications.	https://www.healingartsschool.com/new-events/2024/05/17/what-drugs-are-in-your-system-6ce	jasminelstanton2014@gmail.com	(919) 783-6195	Raleigh	NC	27607	6	Jasmine Stanton ~ The Healing Arts and Massage School	NCBTMB
Live Class	5/18/2024	A Full Body Lymph Drainage Using Silicone Cups & a Honey Facial	Detox Lymph Drainage Honey Facial	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	8	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	5/18/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Charleston	SC	29418	16	Lara Fass	NCBTMB
Live Class	5/18/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	5/18/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	5/18/2024	Lymphatic Massage for Detoxification	-Learn a complete protocol and be ready to give a full lymphatic massage tomorrow. -Increase the detoxifying effect with castor oil packs	https://www.clairemariemiller.com/lmd-schedule/may-18-19%2C-2024	messageclaire80@gmail.com	919-307-6141	Winston Salem	NC	27023	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	5/18/2024	NMT for Treating Shoulder Pain and Rotator Cuff Injuries	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	5/18/2024	Practical Cupping	Learn everything you need to learn to include cupping [myofascial decompression] and gua sha [instrument assisted soft tissue mobilization] into your practice immediately.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Charlotte	NC	28217	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	5/18/2024	Thai Massage Certification Training (Mod#1)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of the six modules that make up the full 52 hour certification training. This class focuses on techniques in the Supine position.	https://www.eventbrite.ie/e/thai-yoga-bodywork-certification-training-in-asheville-nc-54-ces-tickets-756299832157	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	5/19/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB

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Live Class	5/19/2024	Cupping Principles and Applications	Glide and stationary cupping is a fantastic complementary modality for any career massage therapist. Have you thought about using massage cupping in your practice but you feel you need more direction and a better understanding of how cupping helps? In this course you will gain confidence in integrating cupping into any type of massage session or setting.	https://www.bodyworktherapyseminars.com/classes/cupping-principles-and-applications/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	4	Bodywork Therapy Seminars Hands On Health	NCBTMB
Webinar	5/19/2024	Marketing Your Business	Zoom Webinar- marketing & advertising techniques for business. Develop marketing plan, marketing budget & social media strategy.	https://shirleyknapp.com/product/marketing-your-business-webinar-6-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	5/19/2024	Thai Massage Certification Training (Mod#2)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of the six modules that make up the full 52 hour certification training. This class focuses on techniques in the Side-Lying positions.	https://www.eventbrite.ie/e/thai-yoga-bodywork-certification-training-in-asheville-nc-54-ces-tickets-756299832157	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	5/20/2024	Gua Sha Fundamentals	Gua Sha, an ancient healing method that uses a tool to scrape to alleviate many discomforts including chronic pain and fascial restrictions in the body. Learn the direct hands-on approach to the safe and effective practice of Gua sha. Enhance your treatment outcomes by incorporating this modality when indicated. Included in the course is a PDF guide for future reference and a Gua Sha tool to take home. After training, students will have the ability to add Gua Sha to their bodywork tool box.	https://www.healingartsschool.com/new-events/2024/05/20/gua-sha-fundamentals-8-ce	healingfeelsgod@gmail.com	(919) 297-8445	Raleigh	NC	27607	8	Apex Retreat Seminars with Fernanda Santiago ~ The Healing Arts and Massage School	NCBTMB
Live Class	5/23/2024	Ethics (Standards Of Practice)	Standards of Practice ethics class discusses and explores best practice for informed consent, clear boundaries and expectations, as well as best practices that represent a qualified industry. From time to time sub-topics relating to current events affecting our industry will be included. We will discuss matters pertaining to recent issues brought to a licensing or registrant board's attention as well as national news affecting the industry.	https://www.bodyworktherapyseminars.com/classes/ethics-standards-of-practice/	massagetherapy@handsonhealthnc.com	919-854-9555	Raleigh	NC	27607	3	Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	5/24/2024	The Movement of Massage	See website (click description link)	https://www.wholistichealthstudionc.com/2024-workshops	info@wholistichealthstudionc.com	919-489-5356	Morehead City	NC	28557	16	Stewart Walker	NCBTMB
Live Class	5/25/24	Brazilian Chakras Reflexology w/ Janete Barringer	Brazilian Chakras Reflexology w/ Janete Barringer	https://ncmassagechool.arlo.co/w/courses/69-brazilian-chakras-reflexology-w-janete-barringer/134	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Janete Barringer ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	5/25/2024	Thai Massage Certification Training (Mod#3)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of the six modules that make up the full 52 hour certification training. This class focuses on techniques in the Prone & Seated positions.	https://www.eventbrite.ie/e/thai-yoga-bodywork-certification-training-in-asheville-nc-54-ces-tickets-756299832157	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL

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Live Class	5/26/2024	Thai Massage Certification Training (Mod#4)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of the six modules that make up the full 52 hour certification training. This class focuses on additional techniques in all positions.	https://www.eventbrite.ie/e/thai-yoga-bodywork-certification-training-in-asheville-nc-54-ces-tickets-756299832157	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	5/30/2024	Abdominal Therapy for Professionals: Part 1 & Part 2	This is an 8-day live hybrid class (online and in person) that starts with the online portion and ends with in-person hands-on instruction and practice. Part 1 focuses on the anterior portion of Abdominal Therapy as presented by the Abdominal Therapy Collective, Inc. (ATC), and works holistically with body, mind, and spirit. This training is open to all professional therapists who hold a qualification in anatomy and physiology and are able to perform massage on clients within the legal requirements of their state or country. We begin by giving you tools for your own self-care. You will then learn to apply these techniques to your clients. Building on this, Part 2 completes the abdominal therapy treatment, and focuses on the posterior body (lower back, hips, sacrum), balancing the pelvis and supporting the function of the abdominal organs. You will also learn how to treat additional specific pelvic and abdominal conditions. On completion of this course, you receive a one-year membership to the Abdominal Therapy Collective and are welcomed into our online Collective community. This class also satisfies the prerequisite to attend Abdominal Therapy for Professionals Pregnancy to Postpartum and/or the Abdominal Therapy for Professionals Plus class(es).	https://www.abdominaltherapycollective.com/more-about-the-course-3-0/abdominal-therapy-for-professionals-part-1-and-part-2-/?r/recsmtacUWGxSRB16	massage@amycolo.com	(303) 332-3956	Longmont	CO	80503	56	Abdominal Therapy Collective	NCBTMB
Live Class	5/30/2024	Sarga Silks	barefoot massage, ashiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	5/31/24	Chair Massage For Career Longevity w/ Sheila Alexander	Chair Massage For Career Longevity w/ Sheila Alexander	https://ncmassagechool.ario.co/w/courses/2-2-chair-massage-for-career-longevity-w-sheila-alexander/119	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Sheila Alexander ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	5/31/2024	Nurturing the Mother® Pregnancy and Postpartum Massage	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.clairemariemiller.com/ntm-schedule-1/May-31---June-2%2C-2024	massageclaire80@gmail.com	919-307-6141	Asheville	NC	28805	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	5/31/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-john-k/	info@livingsabai.com	(828)450-0134	Harrisburg	PA	17110	21	Living Sabai	NCBTMB
Live Class	6/1/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Cornelius	NC	28031	16	Michelle Lally	NCBTMB

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Live Class	6/1/24	Bowsage Therapy/ Basic Bowen Therapy w/ Michelle Lally	Bowsage Therapy/ Basic Bowen Therapy w/ Michelle Lally	https://ncmassageschool.arlo.co/w/courses/58-bowsage-therapy-basic-bowen-therapy-w-michelle-lally/129	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Michelle Lally ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/3/24	Holistic Aromatherapy for Bodyworkers w/ Fernanda Santiago	Holistic Aromatherapy for Bodyworkers w/ Fernanda Santiago	https://ncmassageschool.arlo.co/w/courses/12-holistic-aromatherapy-for-bodyworkers-w-fernanda-santiago/103	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Fernanda Santiago ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/7/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-nashville/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	21	Living Sabai	NCBTMB
Live Class	6/7/2024	The Seven Healing Chakras and The Endocrine System Level I	glands, hormones, energy, movement, breathwork	reneshuford.com	blueridge@ctc.net	980-622-5220	Lansing	NC	28643	24	Rene Shuford	NCBTMB
Live Class	6/7/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-heather-rowell-4/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	7	Living Sabai	NCBTMB
Live Class	6/7/24	Traditional Thai Foot Massage w/ Living Sabai	Traditional Thai Foot Massage w/ Living Sabai	https://ncmassageschool.arlo.co/w/courses/25-traditional-thai-foot-massage-w-living-sabai/109	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	7	Living Sabai ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/8/2024	2-Day Whole Body Anatomical Dissection Intensive	2-Day Human Anatomy Dissection Intensive. Over the course students will dissect the entire body layer-by-layer starting with the skin and superficial fascia then continue on to the muscle layers and deep joint structures instead of going through region-specific areas in separate sections. Although a short course, it allows for broad study, direct learning and hands-on study of the human body. It is perfect as an anatomical review or for anyone with a passion and curiosity for anatomy. Our cadavers are embalmed with a special soft-fixed formula allowing the muscles and joints to retain more mobility and realistic colors and textures. This dissection course is ideal for physical therapists, bodyworkers, yoga teachers, athletic trainers, or healthcare professionals who want a deeper look inside the human body. Our anatomists will review general anatomy at the beginning of each day and guide participants through the dissection process by both demonstrating dissection techniques, differentiating structures and aiding the process as needed. No previous dissection experience necessary.	https://experienceanatomy.com/event/2-day-human-anatomy-dissection-intensive-4/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	15	Experience Anatomy	NCBTMB

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Live Class	6/8/2024	Introduction to Esalen® Massage	This workshop is great for new massage therapists as an introduction to the healing art of Esalen Massage. Explore the history and philosophy of the work and learn to give and receive a basic introductory Esalen massage.	https://www.stillpointwell.com/continuing-education	learn@stillpointwell.com	828-747-2333	Asheville	NC	28805	12	Robin Fann-Costanzo	NCBTMB
Live Class	6/8/2024	Practical Orthopedic Assessment: Upper Extremity	Learn how to perform a proper orthopedic assessment of the upper extremity including thorough history, range of motion testing, and special tests.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Cornelius	NC	28031	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	6/8/24	Practical Orthopedic Assessment: w/ Nate Novgrad	Practical Orthopedic Assessment: w/ Nate Novgrad	https://ncmassageschool.arlo.co/w/courses/52-practical-orthopedic-assessment-w-nate-novgrad/78	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Nate Novgrad ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/8/2024	Reiki II - Serve	Reiki is a holistic system of healing that uses natural, universal life energy for the purpose of creating health, well-being and personal, spiritual growth. In this three level system, the second degree of Reiki builds on the personal practice begun in Level I. The students' connection and understanding of the use of Reiki energy deepens. This Reiki II class is taught in the tradition of Mikao Usui, of Japan, as westernized by Hawayo Takata of Hawaii. A broader knowledge of its history, philosophy, ethical considerations and scope of practice are introduced to students at this level. In classes that teach Reiki, an attunement process is performed for each person wishing to access the energy as a healing modality. It can then be used either as a stand-alone treatment technique or as an adjunct to massage or other bodywork. The second level or degree of Reiki requires one attunement to expand the pathway in the chakra system created by the four attunements received in Reiki I. Students receive their Level II initiation from the Master Level instructor during the Reiki class.	https://www.healingartsschool.com/new-events/2024/06/08/reiki-serve-14-ce	debshyp@gmail.com	(910) 200-9442	Raleigh	NC	27607	14	Restored Essence with Debra Collins _~ The Healing Arts and Massage School	NCBTMB
Live Class	6/8/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-heather-rowell-3/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	15	Living Sabai	NCBTMB
Live Class	6/8/24	Thai Massage Weekend Immersion w/ Living Sabai	Thai Massage Weekend Immersion w/ Living Sabai	https://ncmassageschool.arlo.co/w/courses/55-thai-massage-weekend-immersion-w-living-sabai/110	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	15	Living Sabai ~ NC MASSAGE SCHOOL	NCBTMB
Webinar	6/9/2024	Developing Your Intuition	Zoom Webinar-strengthen intuition & increase massage business. Provides exercises for accessing intuitive development.	https://shirleyknapp.com/product/developing-your-intuition-distance-learning-webinar-6-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts

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Live Class	6/14/24	Forearm Fusion Foundations w/ Jim Funk	Forearm Fusion Foundations w/ Jim Funk	https://ncmassageschool.arlo.co/w/courses/62-forearm-fusion-foundations-w-jim-funk/145	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Jim Funk ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/15/2024	NMT: Abdomen, Torso, & Breath	Explore diaphragm and intercostal treatments that enhance one's ability to tap into greater breath capacity. Breath work in combination with integrated myofascial fascial and neuromuscular techniques taps into the fascia that weaves the abdominal cavity together with the thoracic and pelvic cavities. Learn to treat abdominal cavity musculature and fascia for low back/hip, torso/thoracic, and shoulder conditions.	https://www.bodyworktherapyseminars.com/classes/neuromuscular-ce-class-abdomen-torso-and-breath/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	16	Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	6/15/2024	Side by Side-End of Life Care	A 3 day course focusing on end of life hospice care along with End Of Life Doula certification	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	14	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	6/17/2024	Thai Herbal Poutlice Facial Massage	Thai Herbal Facial Poutlice, a holistic treatment that encompasses the healing traditions of Thailand with aromatic herbs. This is an ancient healing method that uses a warm, steamed ball full of medicinal and skin-loving herbs is used to provide a soothing facial massage. It helps to alleviate many discomforts including chronic facial pain and fascial restrictions in head, neck and scalp.	https://www.healingartsschool.com/new-events/2024/06/17/thai-herbal-poutlice-facial-massage-5-ce	healingfeelsgood@gmail.com	(919) 297-8445	Raleigh	NC	27607	5	Apex Retreat Seminars with Fernanda Santiago ~ The Healing Arts and Massage School	NCBTMB
Live Class	6/19/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/dissention-club-36/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	6/19/24	Yoga, Meditation & Breathwork for Self-Care	Use this self-care class as a springboard into or a recommitment of practices that can help achieve, maintain and improve your ability to care for others. We'll combine movement practices (yoga) with breathing exercises (pranayama) and meditation in this wonderful self-care class. Design your own self-care plan with the stretches, breathing practices and meditations that resonate most with you. Approved for 4 continuing education hours in self-care through NCBTMB and 4 continuing education hours through YA in the YPLE category.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	6/20/2024	Psoas, Low Back and Hip	Does your client have chronic low back pain that your massage isn't resolving? Do you think about working on the psoas but, hold back because you are nervous and lack confidence? This class is for you. The course will give you a clear picture of the anatomy of the psoas and the associated muscles in the glutes, hips and low back as well as the palpation skills to access them confidently. You will learn a full deep tissue massage routine in the prone, supine and side lying positions with secure draping. Finish up with stretches and self-care techniques to give your clients, and you'll be ready to step up your therapeutic massage practice to the next level.	https://www.healingartsschool.com/new-events/2024/06/20/psoas-low-back-and-hip-treatment-using-non-force-deep-tissue-massage-8-ce	lighthandmuscltherapy@gmail.com	(864) 387-0435	Raleigh	NC	27607	8	Light Hand Clinical Massage Therapy with Theresa Wilkes ~ The Healing Arts and Massage School	NCBTMB
Live Class	6/21/2024	Energetic Bodywork: Blending Massage & Energywork in the Treatment Room	This course will assist the therapist to accomplish a blend of energy work and massage with confidence. Full energy protocols will be given and practiced with hands on and off the body. The therapist will be encouraged to develop and trust their own inner listening skills and intuition in order to engage in a dialog with the client's body and tissues. At the end of the course, the student will perform their own massage while integrating energy techniques learned or previously known with observation and feedback from the instructor.	https://www.healingartsschool.com/new-events/2024/06/21/energetic-bodywork-16-ce	lighthandmuscltherapy@gmail.com	(864) 387-0435	Raleigh	NC	27607	16	Light Hand Clinical Massage Therapy with Theresa Wilkes ~ The Healing Arts and Massage School	NCBTMB

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Live Class	6/21/2024	Integrative Reflexology®	-Clients rave about foot reflexology. -Techniques are easy on the thumbs. -Reflexology charts that make sense and are easy to follow.	https://www.clairemariemiller.com/ir-schedule/june-21-23%2C-2024	massageclaire80@gmail.com	919-307-6141	Winston Salem	NC	27023	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	6/22/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	6/22/2024	Clinical Massage Strategies: Functional Assessment and Treatment of the Thoracolumbar Spine	This technique-oriented course will focus on Functional Assessment and Testing of the thoracolumbar spine in a direct, systematic, and simplified manner. You will learn basic theory, implications of structural alignment observations, and how to develop highly specific and effective treatment plans to address dysfunction in the region.	https://www.integritytrainings.com/fit-course/cmsspi-ne2024/	info@integritytrainings.com	(919) 701-8434	Durham	NC	27705	14	Integrity Trainings	NCBTMB
Live Class	6/22/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	6/22/2024	Table Thai Level 1	Table Thai is a whole body, 80 minute Thai massage routine on the table that is less forceful than floor Thai using energy meridians, progressive stretching, ROM, cross-fiber, breathing, and meditation techniques.	https://table-thai.com/ce-courses/	thai@table-thai.com		Asheville	NC	28787	21	Robert Wootton	NCBTMB, FL, GA
Live Class	6/22/2024	Thai Massage Certification Training (Mod#5)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of the six modules that make up the full 52 hour certification training. This class focuses on additional Therapeutic Stretches in the Supine and Side-Lying positions.	https://www.eventbrite.ie/e/thai-yoga-bodywork-certification-training-in-asheville-nc-54-ces-tickets-756299832157	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL
Live Class	6/22/2024	The Healing Power of Presence, Comfort & Pleasure	See website (click description link)	https://www.wholistichealthstudionc.com/2024-workshops	info@wholistichealthstudionc.com	919-489-5357	Durham	NC	27705	8	Stewart Walker	NCBTMB
Live Class	6/22/24	What the Cup 3!? More Advanced Techniques w/ Dr. Joi Edwards	What the Cup 3!? More Advanced Techniques w/ Dr. Joi Edwards	https://ncmassagechool.arlo.co/w/courses/26-what-the-cup-3-more-advanced-techniques-w-dr-joi-edwards/146	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/23/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	6/23/2024	Thai Massage Certification Training (Mod#6)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of the six modules that make up the full 52 hour certification training. This class focuses on additional Therapeutic Stretches in the Prone & Seated positions.	https://www.eventbrite.ie/e/thai-yoga-bodywork-certification-training-in-asheville-nc-54-ces-tickets-756299832157	michaelsitzer@gmail.com	828-774-2662	Asheville	NC	28804	6	Michael Sitzer	NCBTMB, FL

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Live Class	6/23/24	What the Cup 4!? More Advanced Techniques w/ Dr. Joi Edwards	What the Cup 4!? More Advanced Techniques w/ Dr. Joi Edwards	https://ncmassagechool.arlo.co/w/courses/23-what-the-cup-4-more-advanced-techniques-w-dr-joi-edwards/147	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Webinar	6/26/2024	Building Your Business Webinar	Zoom Webinar-principles and practices of business. Business start-up, business plan, financial & administrative procedures. Develop Marketing Strategy.	https://shirleyknapp.com/product/building-your-business-webinar-6-cehrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	6/28/24	Nurturing the Mother – Pregnancy Massage w/ Claire Marie Miller Seminars	Nurturing the Mother – Pregnancy Massage w/ Claire Marie Miller Seminars	https://ncmassagechool.arlo.co/w/courses/53-nurturing-the-mother-pregnancy-massage-w-claire-marie-miller-seminars/69	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	24	Michelle Lockhart, Monica Fouty ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	6/28/2024	Nurturing the Mother® Pregnancy and Postpartum Massage	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://ncmassagechool.arlo.co/w/courses/53-nurturing-the-mother-pregnancy-massage-w-claire-marie-miller-seminars/69	braidedwillow2023@gmail.com	336-914-1723	Cornelius	NC	28031	24	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	6/28/2024	The Tao of Trauma	trauma, massage, psychosomatics, breath, energy	reneshuford.com	blueridge@ctc.net	980-622-5220	Lansing	NC	28643	24	Rene Shuford	NCBTMB
Live Class	6/28/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-nashville/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	7	Living Sabai	NCBTMB
Live Class	6/29/2024	Advanced Clinical Anatomy: Lower Extremity & Anterior Torso	We will cover the clinically relevant anatomy including muscles, bones, nerves, and cardiovascular structures of the lower extremity and anterior torso by finding them with our hands. We will also discuss the relevant pathologies related to these structures as we cover them.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Johnson City	TN	37604	14	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	6/29/2024	Aromatherapy for Emotional & Mental Wellbeing	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	6/29/2024	Basic Lymphatic Massage: Upper Extremities	This 2 day class covers A/P of upper extremities (face, neck, upper chest, arms and hands). Additional information and techniques included for lymphatic breast care and skin care (i.e. wrinkles and scar tissue). Great class for bodyworkers and estheticians who work in the spa industry!" Centrally located at a private venue in beautiful Asheville.	http://www.holisticsymmetry.com/CE-classes/	ellengayle@holisticsymmetry.com	(828) 450-0979	Asheville	NC	28805	14	Ellen Gayle Sovinee	NCBTMB

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Live Class	6/29/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-nashville/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	15	Living Sabai	NCBTMB
Live Class	6/30/2024	Mindfulness... Stepping Into The Flow	This is a 7 day retreat in Morocco		Jerisenor@gmail.com	828-337-5615	Marrakeche	Morocco		24	Jeri Senor	NCBTMB, Yoga Alliance
Live Class	7/6/2024	NMT for Knee Pain	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Webinar	7/10/2024	Marketing Your Business	Zoom Webinar- marketing & advertising techniques for business. Develop marketing plan, marketing budget & social media strategy.	https://shirleyknapp.com/product/marketing-your-business-webinar-6-cehrs/	shirley@shirleyknapp.com	828-736-7100				6	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Live Class	7/12/2024	Cranial Sacral & Holistic Modalities: Emotional Release from Trauma	This 3 day class covers visible and hidden symptoms of trauma; where and how it effects the body; it's connection to the brain and nervous system as well as modalities such as cranial sacral, chakras and meridians used to locate and release emotional trauma from survivors. Smaller class centrally located at a private venue in beautiful E. Asheville. Pre-requisite required to take this class.	http://www.holisticsymmetry.com/CE-classes/	ellengayle@holisticsymmetry.com	(828) 450-0979	Asheville	NC	28805	21	Ellen Gayle Sovinee	NCBTMB
Live Class	7/12/24	What the Cup!? Intro to Orthopedic Cupping w/ Dr. Joi Edwards	What the Cup!? Intro to Orthopedic Cupping w/ Dr. Joi Edwards	https://ncmassageschool.arlo.co/w/courses/6-what-the-cup-intro-to-orthopedic-cupping-w-dr-joi-edwards/93	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	7/13/2024	Incorporating Therapeutic Stretching with Your Massage Clients	This course focuses on self-care for both clients and therapists. You can increase therapeutic effectiveness by offering stretching as part of your recommendations for client homework. Learn strategies for self-care and expand your tool kit of useful ways your clients can take care of their bodies between sessions.	https://www.integritytrainings.com/it-course/therastrretch2024/	info@integritytrainings.com	(919) 701-8434	Durham	NC			Integrity Trainings	NCBTMB
Live Class	7/13/24	What the Cup 2!? Advanced Techniques w/ Dr. Joi Edwards	What the Cup 2!? Advanced Techniques w/ Dr. Joi Edwards	https://ncmassageschool.arlo.co/w/courses/38-what-the-cup-2-advanced-techniques-w-dr-joi-edwards/100	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	7/14/2024	Nurturing the Mother@ Spa	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.clairemariemiller.com/ntmspa-schedule/july-14-and-september-8%2C-2024-(registering-for-this-class-is-registering-for-both-days)	massageclaire80@gmail.com	919-307-6141	Charlotte	NC	28217	16	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL

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Live Class	7/17/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/dissection-club-37/		980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	7/19/24	Somatic Mindfulness - Grounding w/ Fernando Rojas	Somatic Mindfulness - Grounding w/ Fernando Rojas	https://ncmassageschool.arlo.co/w/courses/48-somatic-mindfulness-grounding-w-fernando-rojas/101	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Fernando Rojas ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	7/20/2024	Introduction to Lymphatic Drainage - Head, Neck & Face	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	7/20/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Asheville	NC	28801	16	Michelle Lally	NCBTMB
Live Class	7/20/2024	Techniques For Your Clients Using Foam Rollers and Tennis Balls	A full body protocol, for your clients to use in between your session using foam rollers and tennis balls	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	8	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	7/22/2024	Herbal Poultice Massage (Luk Pra Kob)	Luk Pra Kob or Thai Herbal Poultice is one of the treasures of Thai traditional medicine for over 400 years. In this class we will explore the use of herbal poultices in a variety of applications. Students will learn about herbs commonly used in Thailand to help relieve repetitive strain, pain and discomfort in muscles and joints and much more. We will also learn about herbs found in the west that can be adapted into these treatments.	https://www.healingartsschool.com/new-events/2024/07/22/herbal-poultice-massage-luk-pra-kob-8-ce	healingfeelsgod@gmail.com	(919) 297-8445	Raleigh	NC	27607	8	Apex Retreat Seminars with Fernanda Santiago ~ The Healing Arts and Massage School	NCBTMB
Live Class	7/26/2024	The Cranial System: Structure & Motion Advanced	This advanced 3 day Cranial Sacral class covers advanced techniques focusing on areas of dysfunction located at or around ears, eyes, nose, sphenoid and occipital junction: mandible, throat, hard palate (inside and outside mouth) and cranial nerves. Smaller class centrally located at a private venue in E. Asheville. Pre-requisite is required to take this class.	http://www.holisticsymmetry.com/CE-classes/	ellengayle@holisticsymmetry.com	(828) 450-0979	Asheville	NC	28805	24	Ellen Gayle Sovinee	NCBTMB
Live Class	7/27/24	ACE Massage Cupping – 2 day training w/ Annie Garic	ACE Massage Cupping – 2 day training w/ Annie Garic	https://ncmassageschool.arlo.co/w/courses/34-ace-massage-cupping-2-day-training-w-annie-garic/62	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Annie Garic ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	7/27/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB

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Live Class	7/27/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	7/27/2024	NMT for Plantar Fasciitis	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVail	NCBTMB
Live Class	7/28/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	8/2/2024	Nurturing the Mother® Pregnancy and Postpartum Massage	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.thebraidedwillow.com/ce-classes	braidedwillow2023@gmail.com	336-914-1723	Mount Airy	NC	27030	24	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	8/2/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-14/	info@livingsabai.com	(828)450-0134	Raleigh	NC	27607	7	Living Sabai	NCBTMB
Live Class	8/3/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Cornelius	NC	28031	16	Michelle Lally	NCBTMB
Live Class	8/3/24	Bowsage Therapy/ Basic Bowen Therapy w/ Michelle Lally	Bowsage Therapy/ Basic Bowen Therapy w/ Michelle Lally	https://ncmassageschool.arlo.co/w/courses/58-bowsage-therapy-basic-bowen-therapy-w-michelle-lally/130	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Michelle Lally ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	8/3/2024	Clinical Massage Strategies: Functional Assessment and Treatment of the Shoulder Girdle	This technique-oriented course will focus on Functional Assessment and Testing of the shoulder girdle in a direct, systematic, and simplified manner. You will learn basic theory, implications of structural alignment observations, and how to develop highly specific and effective treatment plans to address dysfunctions in the shoulder.	https://www.integritytrainings.com/it-course/cmsshoulder2024/	info@integritytrainings.com	(919) 701-8434	Durham	NC	27705		Integrity Trainings-	NCBTMB
Live Class	8/3/2024	Introduction to Esalen® Massage for Men	Description not provided, click description link to visit website.	https://www.stillpointwell.com/continuing-education	learn@stillpointwell.com	828-747-2333	Asheville	NC	28805	12	Robin Fann-Costanzo	NCBTMB
Live Class	8/3/2024	NMT: Thigh, Knee, Foot & Biomechanics	In this course we cover neuromuscular and myofascial treatments of the Anterior/Posterior/Lateral/Medial compartments of the thigh and of the lower leg. Spend time studying the knee and ankle joints and applied treatments. Biomechanical observations are emphasized in this course.	https://www.bodyworktherapyseminars.com/classes/thigh-lower-extremity-and-biomechanics/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	16	Bodywork Therapy Seminars Hands On Health	NCBTMB

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Live Class	8/3/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-raleigh/	info@livingsabai.com	(828)450-0134	Raleigh	NC	27607	15	Living Sabai	NCBTMB
Live Class	8/6/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-jill-burynski-3/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	21	Living Sabai	NCBTMB
Live Class	8/9/2024	Basic Lymphatic Massage	This basic 3 day class focuses on drainage of superficial and deep lymphatic vessels of upper and lower extremities and includes techniques for lymphatic breast care and liver. Information about benefits, contraindications and precautions including edema and lymphedema will be covered. Once complete you'll be able to give a full lymphatic massage session. Class is located in downtown Cornelius located close to Lake Norman.	http://www.holisticsymmetry.com/CE-classes/	admin@ncmassageschool.com	(704) 896-2636	Cornelius	NC	28031	21	Ellen Gayle Sovinee	NCBTMB
Live Class	8/9/24	Basic Lymphatic Massage – aka Lymphatic Drainage w/ Ellen Gayle Sovinee	Basic Lymphatic Massage – aka Lymphatic Drainage w/ Ellen Gayle Sovinee	https://ncmassageschool.arlo.co/w/courses/20-basic-lymphatic-massage-aka-lymphatic-drainage-w-ellen-gayle-sovinee/128	admin@NCmassageschool.com	704-896-2636	Cornelius	NC	28031	21	Ellen Gayle Sovinee ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	8/9/2024	Mindfulness ... Stepping Into The Flow	no description provided		jerisenor@gmail.com	828-337-5615	Asheville	NC	28803	18	Jeri Senior	NCBTMB, Yoga Alliance
Webinar	8/14/2024	The Psychosomatics of Ethics	How does the mindbody align itself with	reneshuford.com	blueridge@ctc.net	980-622-5220				6	Rene Shuford	NCBTMB
Live Class	8/16/2024	Jill Huffman Thai Table Massage	Coming soon: Course Approval pending with NCBTMB (approval submitted Nov 2023)	https://www.bodyworktherapyseminars.com/classes/table-thai-massage/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	8	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	8/17/2024	2-Day Whole Body	2-Day Human Anatomy Dissection Intensive. Over the course students will dissect the entire body: from the lower extremities	https://www.experienceanatomy.com/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	15	Experience Anatomy	NCBTMB
Live Class	8/17/24	Less Thumbs – More Prosperity w/ Nate Novgrod	Less Thumbs – More Prosperity w/ Nate Novgrod	https://ncmassageschool.arlo.co/w/courses/45-less-thumbs-more-prosperity-w-nate-novgrod/79	admin@NCmassageschool.com	704-896-2636	Cornelius	NC	28031	16	Nate Novgrod ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	8/18/2024	Aromatherapy for Lymphatic Drainage & Immune Support	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVail	NCBTMB

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Live Class	8/18/2024	Thai Foot Reflexology	This course was developed to provide individuals with the knowledge and skills to perform a Thai Foot Reflexology massage. Using the techniques and practices of Thai Foot Reflexology, participants will be able to work on reflex points, zones, sen lines: including thumbs, knuckles, and palms; as well as utilizing tools like the massage stick to promote healing within the entire body. Each client is unique and therefore each massage will be customized based on the reading signs of the feet and the combination of pressure to be applied.	https://www.bodyworktherapyseminars.com/classes/thai-foot-reflexology/	massage@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	8	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	8/21/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/dissection-club-32/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	8/22/2024	Ashi-Table Thai	barefoot massage, ashitsu, deeptissue	www.carolinadeepeeet.com	carolinadeepeeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	8/23/24	Deep Lymph Flushing Massage w/ Theresa Wilkes	Deep Lymph Flushing Massage w/ Theresa Wilkes	https://ncmassagechool.arlo.co/w/courses/56-deep-lymph-flushing-massage-w-theresa-wilkes/113	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Theresa Wilkes ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	8/23/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-jess-barnwell-or/	info@livingsabai.com	(828)450-0134	Orlando	FL	32819	7	Living Sabai	NCBTMB
Live Class	8/23/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-john-kowalski-3/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	7	Living Sabai	NCBTMB
Live Class	8/24/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	8/24/2024	Forearm Massage Techniques-Save Your Hands	A fullbody approach using forearms	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	6	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	8/24/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB

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Live Class	8/24/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-jess-barnwell-or/	info@livingsabai.com	(828)450-0134	Orlando	FL	32819	15	Living Sabai	NCBTMB
Live Class	8/24/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-john-k-2/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	15	Living Sabai	NCBTMB
Live Class	8/25/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	8/25/2024	Stepping Into Your Capabilities Business Development	Business Development	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	4	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	8/30/2024	Experience Zen As A Lifestyle	This path towards mindful self-care guides individuals into a healthier well-being by teaching them how to prevent or reduce stress/burn-out, through MINDFULNESS.	https://www.bodyworktherapyseminars.com/classes/experience-zen-as-a-lifestyle/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	4	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	8/30/24	Psoas Day w/ Theresa Wilkes	Psoas Day w/ Theresa Wilkes	https://ncmassageschool.arlo.co/w/courses/70-psoas-day-w-theresa-wilkes/115	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Theresa Wilkes ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	8/31/24	Muscle Melting: Non-Force Deep Tissue Massage w/ Theresa Wilkes	Muscle Melting: Non-Force Deep Tissue Massage w/ Theresa Wilkes	https://ncmassageschool.arlo.co/w/courses/57-muscle-melting-nonforce-deep-tissue-massage-w-theresa-wilkes/114	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Theresa Wilkes ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	8/31/2024	NMT for Treating Sciatic Pain	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	9/6/24	What the Cup 3!? More Advanced Techniques w/ Dr. Joi Edwards	What the Cup 3!? More Advanced Techniques w/ Dr. Joi Edwards	https://ncmassageschool.arlo.co/w/courses/26-what-the-cup-3-more-advanced-techniques-w-dr-joi-edwards/94	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	9/7/2024	Codes of Conduct for Self Care	no description provided		jerisenor@gmail.com	828-337-5615	Asheville	NC	28803	3	Jeri Senior	NCBTMB, Yoga Alliance
Live Class	9/7/2024	Ethics	Discussion will center on ethical guidelines for North Carolina licensed Massage Therapists and Bodyworkers with an emphasis on small group sharing and practicalities.		jerisenor@gmail.com	828-337-5615	Asheville	NC	28803	3	Jeri Senior	NCBTMB, Yoga Alliance

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Live Class	9/7/2024	The Fascia Connection: Addressing the Fascial Strata	This course brings to life the amazing connectivity of the fascial net and its importance to the field of massage therapy. Learn current research regarding the fascinating properties of fascia, its relationship to soft tissue therapies, and how to effectively work with this mysterious body-wide web.	https://www.integritytrainings.com/course/fascia2024/	info@integritytrainings.com	(919) 701-8434	Durham	NC			Integrity Trainings	NCBTMB
Live Class	9/7/24	What the Cup 4!? More Advanced Techniques w/ Dr. Joi Edwards	What the Cup 4!? More Advanced Techniques w/ Dr. Joi Edwards	https://ncmassageschool.arlo.co/w/courses/23-what-the-cup-4-more-advanced-techniques-w-dr-joi-edwards/95	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Dr. Joi Edwards ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	9/9/2024	DeepFeet 2	barefoot massage, ashatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	9/9/2024	Integrative Reflexology®	-Clients rave about foot reflexology. -Techniques are easy on the thumbs. -Reflexology charts that make sense and are easy to follow.	https://www.clairemariemiller.com/ir-schedule/september-9-11%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	9/9/2024	Lymphatic Massage for Detoxification	-Learn a complete protocol and be ready to give a full lymphatic massage tomorrow. -Increase the detoxifying effect with castor oil packs	https://www.clairemariemiller.com/lmd-schedule/september-9-10%2C-2024	massageclaire80@gmail.com	919-307-6141	Asheville	NC	28805	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	9/12/2024	Advanced Integrative Reflexology® Muscle Reflexology with Meridians	-Bring your reflexology into the bodywork session. -More insights and more reflexology tools	https://www.clairemariemiller.com/advir-schedule/september-12-13%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	9/13/2024	An Esalen® Massage Approach to Working with Trauma	Instructor: Robin Fann-Costanzo Learn a repertoire of Esalen massage techniques and mindfulness practices to help your clients move through the trauma response so they can then enjoy the benefits of massage.	https://www.stillpointwell.com/continuing-education	learn@stillpointwell.com	828-747-2333	Asheville	NC	28805	21	Robin Fann-Costanzo	NCBTMB
Live Class	9/13/2024	Cupping (Vacuum Therapy) for Manual Lymphatics Drainage	This course is designed to help individuals understand and appreciate the value of an electric vacuum machine (Cupping). This is a beginning course with students getting hands-on experience and instruction on the machine and how to use.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/13/24	Energetic Bodywork: Blending Massage and Energy Work in the Treatment Room w/ Theresa Wilkes	Energetic Bodywork: Blending Massage and Energy Work in the Treatment Room w/ Theresa Wilkes	https://ncmassageschool.arlo.co/w/courses/76-energetic-bodywork-blending-massage-and-energy-work-in-the-treatment-room-w-theresa-wilkes/126	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Theresa Wilkes ~ NC MASSAGE SCHOOL	NCBTMB

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Live Class	9/13/2024	Manual Lymphatic Drainage: Introduction	This course helps therapist develop a basic awareness of what the Lymphatic System is, how to move and why we should move it. The student will understand the lymphatic pathways and how to treat the lymphatic flow for better health.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	4	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/13/2024	Thai Foot Reflexology	This course was developed to provide individuals with the knowledge and skills to perform a Thai Foot Reflexology massage. Using the techniques and practices of Thai Foot Reflexology, participants will be able to work on reflex points, zones, sen lines: including thumbs, knuckles, and palms; as well as utilizing tools like the massage stick to promote healing within the entire body. Each client is unique and therefore each massage will be customized based on the reading signs of the feet and the combination of pressure to be applied.	https://www.bodyworktherapyseminars.com/classes/thai-foot-reflexology/	massage@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	8	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	9/14/2024	Advanced Clinical Anatomy: Lower Extremity & Anterior Torso	We will cover the clinically relevant anatomy including muscles, bones, nerves, and cardiovascular structures of the lower extremity and anterior torso by finding them with our hands. We will also discuss the relevant pathologies related to these structures as we cover them.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Baltimore	MD	21218	14	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	9/14/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Mooresville	NC	28117	16	Lara Fass	NCBTMB
Live Class	9/15/2024	Jill Huffman Thai Table Massage	Coming soon: Course Approval pending with NCBTMB (approval submitted Nov 2023)	https://www.bodyworktherapyseminars.com/classes/table-thai-massage/	massage@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	8	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	9/18/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/disssection-club-33/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	9/20/2024	Manual Lymphatic Drainage	massage, bodywork, lymphatic drainage	reneshuford.com	blueridge@ctc.net	980-622-5220	Concord	NC	28025	24	Rene Shuford	NCBTMB
Live Class	9/20/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-nashville-2/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	21	Living Sabai	NCBTMB
Live Class	9/20/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-john-kowalski-2/	info@livingsabai.com	(828)450-0134	Harrisburg	PA	17110	7	Living Sabai	NCBTMB
Live Class	9/21/2024	Practical Cupping	Learn everything you need to learn to include cupping [myofascial decompression] and qua sha [instrument assisted soft tissue mobilization] into your practice immediately.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Madison	TN	37115	16	Waynesville Wellness	NCBTMB, NCCAOM

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Live Class	9/21/24	SENIOR SPA 1 & 2 – GERIATRIC MASSAGE & SPA THERAPIES w/ Sheila Alexander	SENIOR SPA 1 & 2 – GERIATRIC MASSAGE & SPA THERAPIES w/ Sheila Alexander	https://ncmassageschool.arlo.co/w/courses/40-senior-spa-1-2-geriatric-massage-spa-therapies-w-sheila-alexander/118	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Sheila Alexander ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	9/21/2024	Table Thai Level 1	Table Thai is a whole body, 80 minute Thai massage routine on the table that is less forceful than floor Thai using energy meridians, progressive stretching, ROM, cross-fiber, breathing, and meditation techniques.	https://table-thai.com/ce-courses/	thai@table-thai.com		Asheville	NC	28787	21	Robert Wootton	NCBTMB, FL, GA
Live Class	9/21/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-john-k/	info@livingsabai.com	(828)450-0134	Harrisburg	PA	17110	15	Living Sabai	NCBTMB
Live Class	9/26/2024	DeepFeet 3	barefoot massage, ashiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	9/27/2024	Ethics: Breast Massage	This class is designed to review the ethical concerns while working with breast tissue. We will discuss the significance of touch and the many variances of touch from different cultures. We will distinguish the difference between goals, intention, and attentions with your touch.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/27/2024	Foundation in Breast Health/Massage	Pre-requisite for Breast Health-Advanced 2 Day Class: This class will go into the basic knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system prior to beginning breast massage. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	5	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/27/24	Mindful Business Mastery1: Integrating Meditation, Mandalas & Mind Mapping for Marketing	Learn how to harness the power of meditation, mandalas and mind-mapping to enhance focus and creativity, decision-making, and overall success in marketing strategy. Participants will develop a solid understanding of meditation techniques, mind mapping and their application in a business context. They will be equipped with tools to enhance focus and creativity, leading to improved business planning & marketing.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	9/27/24	Yoga, Meditation & Breathwork for Self-Care	Use this self-care class as a springboard into or a recommitment of practices that can help achieve, maintain and improve your ability to care for others. We'll combine movement practices (yoga) with breathing exercises (pranayama) and meditation in this wonderful self-care class. Design your own self-care plan with the stretches, breathing practices and meditations that resonate most with you. Approved for 4 continuing education hours in self-care through NCBTMB and 4 continuing education hours through YA in the YPLE category.	AlamanceTherapeuticMassage.com/massagece	cariannstafford@live.com	336-324-5516	Burlington	NC	27215	4	Cariann Stafford	NCBTMB
Live Class	9/28/2024	A Full Body Lymph Drainage Using Silicone Cups & a Honey Facial	Detox Lymph Drainage Honey Facial	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	8	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	9/28/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Mooreville	NC	28117	16	Lara Fass	NCBTMB

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Live Class	9/28/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	9/28/2024	Breast Health - Advanced	This class advances the knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system for improved breast health. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlininstitute.com/continued-education-courses/	info@spurlininstitute.com	704-724-1022	Charlotte	NC	28105	16	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/28/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	9/28/24	Tui Na 101: Chinese Bodywork Technique w/ Nate Novgrod	Tui Na 101: Chinese Bodywork Technique w/ Nate Novgrod	https://ncmassagechool.arlo.co/w/courses/36-tui-na-101-chinese-bodywork-technique-w-nate-novgrod/80	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Nate Novgrod ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	9/28/2024	Tui Na: Chinese Bodywork	Tui Na is a Chinese system of massage used to treat a wide variety of musculoskeletal pain and dysfunction. A different approach to manual therapy.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Cornelius	NC	28031	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	9/29/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	9/29/24	Tui Na 102: Chinese Bodywork on Extremities w/ Nate Novgrod	Tui Na 102: Chinese Bodywork on Extremities w/ Nate Novgrod	https://ncmassagechool.arlo.co/w/courses/35-tui-na-102-chinese-bodywork-on-extremities-w-nate-novgrod/81	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	8	Nate Novgrod ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	10/4/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-11/	info@livingsabai.com	(828)450-0134	Raleigh	NC	27607	21	Living Sabai	NCBTMB
Live Class	10/4/24	The Cranial System: Structure & Motion 1 w/ Ellen Gayle Sovinee	The Cranial System: Structure & Motion 1 w/ Ellen Gayle Sovinee	https://ncmassagechool.arlo.co/w/courses/37-the-cranial-system-structure-motion-1-w-ellen-gayle-sovinee/73	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	21	Ellen Gayle Sovinee ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	10/5/2024	Ethics: Sex, Touch & Intimacy	This fun workshop explores the confusion between sex, touch and intimacy. You will compare the differences and similarities; review historical, cultural and personal influences; review law and regulations regarding sexual misconduct; and learn ways to desexualize the touch experience.	https://www.integritytrainings.com/it-course/ethicsst2024/	info@integritytrainings.com	(919) 701-8434	Durham	NC	27516	4	Integrity Trainings	NCBTMB

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Live Class	10/5/2024	NMT for Treating Head and Neck Pain	No description entered see website	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVall	NCBTMB
Live Class	10/5/2024	NMT: Neck and Jaw for TMD and Craniofacial Pain	I-NMT Integrated Neuromuscular Myofascial for Neck (Emphasizing Anterior & Upper Cervicals) And Craniofacial (Emphasizing Internal TMJ). Learn precise methods of treating anterior cervical regions, specifically along the bodies of the cervical vertebrae and anterior occipital-C1-C2 and C2-C3 junctions. Learn to apply internal jaw treatments to muscles contributing to TMJD and headache and facial pain patterns. Posterior and lateral neck will be addressed generally. Learn effective techniques for treating disorders such as whiplash, head forward posture, upper thoracic pain, and disfunction of the TMJ.	https://www.bodyworktherapyseminars.com/classes/neck-emphasizing-anterior-upper-cervicals-and-craniofacial-emphasizing-internal-tmj/	massage@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	16	Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	10/5/2024	Practical Cupping	Learn everything you need to learn to include cupping [myofascial decompression] and gua sha [instrument assisted soft tissue mobilization] into your practice immediately.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Greensboro	NC	27408	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	10/6/2024	The Awesome Anterior: Myofascial Techniques for the Core and More	This technique-oriented class focuses on key musculature of the anterior body. You will learn critical thinking skills regarding indications and contraindications for anterior work, as well as increase your confidence and proficiency in treating the deep structures of the anterior body; including psoas, diaphragm, pectoralis minor, longus colli and more. Create lasting change for your clients by targeting what is often the source of dysfunction, rather than chasing the symptoms.	https://www.integritytrainings.com/it-course/aa2024/	info@integritytrainings.com	(919) 701-8434	Durham	NC	27705	7	Integrity Trainings-	NCBTMB
Live Class	10/7/2024	Nurturing the Mother® Pregnancy and Postpartum Massage	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.clairemariemiller.com/html-schedule-1/October-7-9%2C-2024-	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	10/9/2024	Sarga Silks	barefoot massage, ashiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	16	DeepFeet	NCBTMB
Live Class	10/9/2024	Thai Herbal Compress	You will learn the properties of each herb used in a Thai Herbal compress ball as well as how to make your own, safely steam them, and incorporate them into your sessions	https://livingsabai.com/events/thai-herbal-compress-massage-w-jill-burynski-2/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	7	Living Sabai	NCBTMB
Webinar	10/9/2024	The Psychosomatics of Ethics	How does the mindbody align itself with	reneshuford.com	blueridge@ctc.net	980-622-5220				6	Rene Shuford	NCBTMB
Live Class	10/10/2024	Northern Thai Tok Sen Therapy	Learn the art and science of this ancient Northern Thai healing tradition. Tok Sen therapy employs a wooden hammer or mallet and chisel along the Thai Sen energy pathways. It acts a Thai form of tapotement, and the vibration caused by tapping along the Sen channels assists in releasing muscle tension and blocked energy.	https://livingsabai.com/events/northern-thai-tok-sen-therapy-w-jill-burynski-2/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	7	Living Sabai	NCBTMB

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Live Class	10/12/2024	2-Day Whole Body Anatomical Dissection Intensive	<p>2-Day Human Anatomy Dissection Intensive. Over the course students will dissect the entire body layer-by-layer starting with the skin and superficial fascia then continue on to the muscle layers and deep joint structures instead of going through region-specific areas in separate sections.</p> <p>Although a short course, it allows for broad study, direct learning and hands-on study of the human body. It is perfect as an anatomical review or for anyone with a passion and curiosity for anatomy.</p> <p>Our cadavers are embalmed with a special soft-fixed formula allowing the muscles and joints to retain more mobility and realistic colors and textures. This dissection course is ideal for physical therapists, bodyworkers, yoga teachers, athletic trainers, or healthcare professionals who want a deeper look inside the human body.</p> <p>Our anatomists will review general anatomy at the beginning of each day and guide participants through the dissection process by both demonstrating dissection techniques, differentiating structures and aiding the process as needed. No previous dissection experience necessary.</p>	https://experienceanatomy.com/event/2-day-whole-body-anatomical-dissection-2/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	15	Experience Anatomy	NCBTMB
Live Class	10/12/24	ACE Massage Cupping – 2 day training w/ Annie Garic	ACE Massage Cupping – 2 day training w/ Annie Garic	https://ncmassagechool.arlo.co/w/courses/34-ace-massage-cupping-2-day-training-w-annie-garic/61	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	16	Annie Garic – NC MASSAGE SCHOOL	NCBTMB
Live Class	10/12/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Raleigh	NC	27616	16	Michelle Lally	NCBTMB
Live Class	10/12/2024	Floating Hammock Massage Level 1	FHM is a game-changing new form of fully-clothed bodywork. The hammock acts like a continuation of fascia, allowing for three dimensional, tissue-melting touch from multiple directions resulting in deep relaxation.	https://floatinghammockmassage.com/	anna@yogabreathingwellness.com	2069487645	Greenville	NC	27858	16	Anna Dixon and Paige Parks	NCBTMB
Live Class	10/12/2024	Table Thai Level 1	Table Thai is a whole body, 80 minute Thai massage routine on the table that is less forceful than floor Thai using energy meridians, progressive stretching, ROM, cross-fiber, breathing, and meditation techniques.	https://tablethai.com/ce-courses/	thai@tablethai.com		Wilmington	NC	28403	21	Robert Wootton	NCBTMB, FL, GA
Live Class	10/14/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Surf City	NC	28445	16	Michelle Lally	NCBTMB
Live Class	10/14/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Surf City	NC	28445	8	Michelle Lally	NCBTMB

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Live Class	10/14/2024	Nurturing the Mother® Fertility Massage	-Learn massage tools to support a healthy reproductive system. -Help clients with their dream of creating a family	https://www.clairemariemiller.com/fm-cmm/october-14-16%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	21	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	10/15/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Surf City	NC	28445	8	Michelle Lally	NCBTMB
Live Class	10/16/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/disssection-club-34/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	10/18/2024	Breathwork, Meditation & Hands On Restorative Yoga	A 2 day course giving participants an opportunity to go deeper through different styles of Meditation, Breathwork and Restorative Yoga ... Location TBA later in 2024. Reach out and let us know you're interested and we'll be sure to reach out with the details.	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	16	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	10/18/24	Thai Massage 3 day Intensive w/ Living Sabai	Thai Massage 3 day Intensive w/ Living Sabai	https://ncmassageschool.arlo.co/w/courses/31-thai-massage-3-day-intensive-w-living-sabai/105	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	21	Living Sabai ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	10/18/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-heather-rowell-3/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	21	Living Sabai	NCBTMB
Live Class	10/19/2024	Introduction to Esalen® Massage	This workshop is great for new massage therapists as an introduction to the healing art of Esalen Massage. Explore the history and philosophy of the work and learn to give and receive a basic introductory Esalen massage.	https://www.stillpointwell.com/continuing-education	learn@stillpointwell.com	828-747-2333	Asheville	NC	28805	12	Robin Fann-Costanzo	NCBTMB
Live Class	10/19/2024	Tui Na: Chinese Bodywork	Tui Na is a Chinese system of massage used to treat a wide variety of musculoskeletal pain and dysfunction. A different approach to manual therapy.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Waynesville	NC	28786	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	10/20/2024	DeepFeet1	barefoot massage, achiatsu, deeptissue	www.carolinadeepfeet.com	carolinadeepfeet@gmail.com	828-777-0456	Asheville	NC	28804	25	DeepFeet	NCBTMB
Live Class	10/20/2024	Intro to Integrative Reflexology®	-An Integrative Reflexology® approach to seeing the body holistically	https://www.clairemariemiller.com/irintro-schedule/october-20%2C-2024	massageclaire80@gmail.com	919-307-6141	Charlotte	NC	28217	8	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	10/20/2024	Stepping Into Your Capabilities Business Development	Business Development ... Location TBA later in 2024. Reach out and let us know you're interested and we'll be sure to reach out with the details.	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	4	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	10/21/2024	Bodywork Lotion Making	Learn to make lotions and creams from scratch. You can customize them to exactly the way you like them. You will leave with several small batches of lotion and the ability to start making your own immediately.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Cornelius	NC	28031	4	Waynesville Wellness	NCBTMB, NCCAOM

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Live Class	10/21/24	Bodywork Lotion Making w/ Nate Novgrad	Bodywork Lotion Making w/ Nate Novgrad	https://ncmassageschool.arlo.co/w/courses/32-bodywork-lotion-making-w-nate-novgrad/82	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	4	Nate Novgrad ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	10/21/2024	Lymphatic Massage for Detoxification	-Learn a complete protocol and be ready to give a full lymphatic massage tomorrow. -Increase the detoxifying effect with castor oil packs	https://www.clairemariemiller.com/lmd-schedule/october-21-22%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	10/21/2024	Side by Side-End of Life Care	A 3 day course focusing on end of life hospice care along with End Of Life Doula certification... Location TBA later in 2024. Reach out and let us know you're interested and we'll be sure to reach out with the details.	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	14	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	10/23/2024	Nurturing the Belly Visceral Abdominal Massage	-Everyone needs a good belly rub! -Massage helps clients with constipation, IBS and other irregularities with the intestinal area. -Castor oil packs included.	https://www.clairemariemiller.com/ntb-schedule-1/october-23%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	7	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	10/25/2024	Thai Foot Reflexology	This course was developed to provide individuals with the knowledge and skills to perform a Thai Foot Reflexology massage. Using the techniques and practices of Thai Foot Reflexology, participants will be able to work on reflex points, zones, sen lines: including thumbs, knuckles, and palms; as well as utilizing tools like the massage stick to promote healing within the entire body. Each client is unique and therefore each massage will be customized based on the reading signs of the feet and the combination of pressure to be applied.	https://www.bodyworktherapyseminars.com/classes/thai-foot-reflexology/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	8	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	10/25/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-heather-rowell-5/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	7	Living Sabai	NCBTMB
Live Class	10/25/24	Traditional Thai Foot Massage w/ Living Sabai	Traditional Thai Foot Massage w/ Living Sabai	https://ncmassageschool.arlo.co/w/courses/29-traditional-thai-foot-massage-w-living-sabai/106	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	7	Living Sabai ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	10/26/2024	Aromatherapy for Pain Relief	In this class, participants will explore the history and practice of Clinical Aromatherapy. Participants will be introduced to 10 essential oils that aid in pain relief. For each oil, participants will identify the botanical source, extraction method, country of origin, key chemical constituents, indications, and precautions for use. Participants will practice proper dilution ratios and apply oils for therapeutic use in a way that can enhance the client's experience and results. This class is full of activities and projects. Participants will make their own custom massage blend, a bath salt blend, a sore muscle salve, and a roll-on head-ache blend.	https://www.wncsom.com/continuing-education-1	info@wncmassageschool.com	(828) 761-1553	Asheville	NC	28806	12	The Mind-Body Connection _ Hope DeVail	NCBTMB

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Live Class	10/26/2024	Bowsage Therapy	Bowen is a technique using mainly your Fingers & Thumbs, over the Belly of the muscle creating a reflex reaction. In this class you will learn a basic Bowen protocol to treat the whole body. This technique affects the fascia, muscle tendons, nervous system and meridians throughout the body. The series of movements assists in reprogramming the pain memory loops caused by the fight or flight response and long-term chronic pain. The Bowen System can act as a reflex reaction within the body that can reset the nervous system to rest, relax and release healing hormones.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	16	Michelle Lally	NCBTMB
Live Class	10/26/2024	Intro to Bowen	This is an intro class, you will learn what bowen is and a few moves to take home with you.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	10/26/2024	Less Thumbs, More Prosperity	Exploring alternative ways to use your body for massage to avoid the overuse and injury of your thumb	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Johnson City	TN	37604	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	10/26/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-w-heather-rowell-4/	info@livingsabai.com	(828)450-0134	Charlotte	NC	28031	7	Living Sabai	NCBTMB
Live Class	10/26/24	Thai Massage for the table w/ Living Sabai	Thai Massage for the table w/ Living Sabai	https://ncmassageschool.arlo.co/w/courses/27-thai-massage-for-the-table-w-living-sabai/107	admin@NCmassageSchool.com	704-896-2636	Cornelius	NC	28031	7	Living Sabai ~ NC MASSAGE SCHOOL	NCBTMB
Live Class	10/27/2024	Advanced Bowen	For Advanced Bowen Moves, some bowen experience is required.	https://www.bowsagetherapy.com/book-online	bowsagetherapy@gmail.com	(704) 929-9757	Statesville	NC	28677	8	Michelle Lally	NCBTMB
Live Class	10/27/2024	Experience Zen As A Lifestyle	This path towards mindful self-care guides individuals into a healthier well-being by teaching them how to prevent or reduce stress/burn-out, through MINDFULNESS.	https://www.bodyworktherapyseminars.com/classes/experience-zen-as-a-lifestyle/	massagetherapy@handsonhealthnc.com	919-694-1354	Raleigh	NC	27607	4	Jill Huffman ~ Bodywork Therapy Seminars Hands On Health	NCBTMB
Live Class	10/28/2024	Nurturing the Mother® Spa	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.clairemariemiller.com/ntmspa-schedule/october-28-29%2C-2024	messageclaire80@gmail.com	919-307-6141	Winston Salem	NC	27023	16	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	10/28/2024	Nurturing the Mother® Wise Woman Menopause Massage	-Massage and aromatherapy to soothe, nurture and balance women going through this life changing transition.	https://www.clairemariemiller.com/mm-schedule/october-28-29%2C-2024	clairemariemiller1979@gmail.com	919-280-5505	Chapel Hill	NC	27516	14	Claire Marie Miller Seminars	NCBTMB, ARCB, SC, GA, FL
Live Class	11/1/2024	Thai Massage 3-Day Intensive	In this three-day course you will learn how to perform a traditional Thai Massage in the supine and prone position plus the key to career longevity and satisfaction. Additionally, you will learn the history and theory of this ancient practice and the Sen (energy) line system of healing.	https://livingsabai.com/events/thai-massage-3-day-intensive-w-john-kowalski-3/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	21	Living Sabai	NCBTMB
Live Class	11/2/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Charleston	SC	28117	16	Lara Fass	NCBTMB

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Live Class	11/2/2024	Thai Massage Weekend Immersion	Thai Massage combines acupressure, passive yoga stretching, and deep compressions. In this two day, fully hands-on course, learn a full body Thai massage in the side-lying and seated positions.	https://livingsabai.com/events/thai-massage-weekend-immersion-w-jill-burynski/	info@livingsabai.com	(828)450-0134	Asheville	NC	28806	15	Living Sabai	NCBTMB
Live Class	11/9/2024	Practical Cupping	Learn everything you need to learn to include cupping [myofascial decompression] and gua sha [instrument assisted soft tissue mobilization] into your practice immediately.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Johnson City	TN	37604	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	11/13/2024	Dissection Club 2024 - Open Lab	Dissection Club is designed to engage all anatomy enthusiasts and to make learning through dissection accessible to anyone who wants to learn. Participants will be able to follow their curiosity and passion as we work through the human body. Wednesday evenings from 4-8pm in Charlotte, NC. Experience Anatomy's facility is equipped with a collection of plastinated specimens sourced from the creators of Body Worlds and virtual reality anatomy software to provide a unique experience! Due to the nature of this course, we require that all participants are 18+.	https://experienceanatomy.com/event/disssection-club-35/	info@experienceanatomy.com	980-495-7123	Charlotte	NC	28208	4	Experience Anatomy	NCBTMB
Live Class	11/16/2024	Tui Na: Chinese Bodywork	Tui Na is a Chinese system of massage used to treat a wide variety of musculoskeletal pain and dysfunction. A different approach to manual therapy.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Waynesville	NC	28786	16	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	11/17/2024	Bodywork Lotion Making	Learn to make lotions and creams from scratch. You can customize them to exactly the way you like them. You will leave with several small batches of lotion and the ability to start making your own immediately.	www.ceuseminars.org	nate@waynesvillewellness.com	828-283-0268	Madison	NC	37115	4	Waynesville Wellness	NCBTMB, NCCAOM
Live Class	11/23/2024	A Full Body Lymph Drainage Using Silicone Cups & a Honey Facial	Detox Lymph Drainage Honey Facial... Location TBA later in 2024. Reach out and let us know you're interested and we'll be sure to reach out with the details.	www.letsjoinwellness.com	letsjoin.meditation@gmail.com	252-422-0988	Morehead City	NC	28557	8	Let's Go In Wellness & Massage Holly Fisher	NCBTMB
Live Class	11/30/2024	Advanced Pain Management & Medical Massage Techniques	Find the root cause of pain and eliminate pain & injury	https://www.fasswellness.com/	fasslara@gmail.com	704-201-8653	Charleston	SC	28117	16	Lara Fass	NCBTMB
Live Class	12/4/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/thai-foot-massage-w-jill-burynski/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	7	Living Sabai	NCBTMB
Live Class	12/5/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-w-jill-burynski-2/	info@livingsabai.com	(828)450-0134	Asheville	NC	28805	7	Living Sabai	NCBTMB
Live Class	12/7/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-raleigh/	info@livingsabai.com	(828)450-0134	Raleigh	NC	27607	7	Living Sabai	NCBTMB
Live Class	12/8/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-12/	info@livingsabai.com	(828)450-0134	Raleigh	NC	27607	7	Living Sabai	NCBTMB

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Live Class	12/13/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-w-john-kowalski-4/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	7	Living Sabai	NCBTMB
Live Class	12/14/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-w-john-kowalski-3/	info@livingsabai.com	(828)450-0134	Pottstown	PA	19464	7	Living Sabai	NCBTMB
Live Class	12/14/2024	Traditional Thai Foot Massage	In this hands-on CE course, you will learn the Thai approach to Reflexology. You will leave this one-day class with a whole new service to add to your menu.	https://livingsabai.com/events/traditional-thai-foot-massage-nashville-2/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	7	Living Sabai	NCBTMB
Live Class	12/15/2024	Thai Massage for the Table	In this one-day hands-on CE course you will learn Thai Massage techniques that can be used in your table massage.	https://livingsabai.com/events/thai-massage-for-the-table-nashville-3/	info@livingsabai.com	(828)450-0134	Nashville	TN	37027	7	Living Sabai	NCBTMB
Live Class	2/21/2025	Cupping (Vacuum Therapy) for Manual Lymphatics Drainage	This course is designed to help individuals understand and appreciate the value of an electric vacuum machine (Cupping). This is a beginning course with students getting hands-on experience and instruction on the machine and how to use.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	2/21/2025	Manual Lymphatic Drainage: Introduction	This course helps therapist develop a basic awareness of what the Lymphatic System is, how to move and why we should move it. The student will understand the lymphatic pathways and how to treat the lymphatic flow for better health.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	4	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	4/4/2025	Ethics: Breast Massage	This class is designed to review the ethical concerns while working with breast tissue. We will discuss the significance of touch and the many variances of touch from different cultures. We will distinguish the difference between goals, intention, and attentions with your touch.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	4/4/2025	Foundation in Breast Health/Massage	Pre-requisite for Breast Health-Advanced 2 Day Class: This class will go into the basic knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system prior to beginning breast massage. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	5	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	4/5/2025	Breast Health - Advanced	This class advances the knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system for improved breast health. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	16	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	5/16/2025	Cupping (Vacuum Therapy) for Manual Lymphatics Drainage	This course is designed to help individuals understand and appreciate the value of an electric vacuum machine (Cupping). This is a beginning course with students getting hands-on experience and instruction on the machine and how to use.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB

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Live Class	5/16/2025	Manual Lymphatic Drainage: Introduction	This course helps therapist develop a basic awareness of what the Lymphatic System is, how to move and why we should move it. The student will understand the lymphatic pathways and how to treat the lymphatic flow for better health.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	4	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/19/2025	Ethics: Breast Massage	This class is designed to review the ethical concerns while working with breast tissue. We will discuss the significance of touch and the many variances of touch from different cultures. We will distinguish the difference between goals, intention, and attentions with your touch.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/19/2025	Foundation in Breast Health/Massage	Pre-requisite for Breast Health-Advanced 2 Day Class: This class will go into the basic knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system prior to beginning breast massage. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	5	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	9/20/2025	Breast Health - Advanced	This class advances the knowledge of the lymphatic system and the techniques to prepare the individual, therapists, and client's lymphatic system for improved breast health. We will review thermography, mammography, ultrasound and MRI and the risk factors for breast disease.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	16	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	10/3/2025	Cupping (Vacuum Therapy) for Manual Lymphatics Drainage	This course is designed to help individuals understand and appreciate the value of an electric vacuum machine (Cupping). This is a beginning course with students getting hands-on experience and instruction on the machine and how to use.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	3	Claire Jelnick / Effie Spurlin	NCBTMB
Live Class	10/3/2025	Manual Lymphatic Drainage: Introduction	This course helps therapist develop a basic awareness of what the Lymphatic System is, how to move and why we should move it. The student will understand the lymphatic pathways and how to treat the lymphatic flow for better health.	https://spurlinstitute.com/continued-education-courses/	info@spurlinstitute.com	704-724-1022	Charlotte	NC	28105	4	Claire Jelnick / Effie Spurlin	NCBTMB
Home Study		Acupressure Basics	The 9 CE hour Acupressure Basics home study course explains the practice of acupressure and how it relates to the massage therapy profession.	https://massagetherapyceu.com/course_details.php?cid=31&cname=Acupressure_Basics	info@massagetherapyceu.com	866-784-5940				9	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Applied Kinesiology	The 15 CE hour Applied Kinesiology course introduces the theory and practice of an assessment and treatment method called Applied Kinesiology (AK) which uses manual muscle testing to determine the state of balance in the body. Muscle testing is a standard medical assessment technique and is used to help identify structural problems and imbalances in the body that can be resolved using manual therapy techniques.	https://www.massagetherapyceu.com/course_details.php?cid=148&cname=Applied_Kinesiology	info@massagetherapyceu.com	866-784-5940				15	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Building Your Business	Principles and practices of business. Business start-up, business plan, financial & administrative procedures. Develop Marketing Strategy.	https://shirleyknapp.com/product/building-your-business-online-course-3-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				3	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Home Study		Building Your Business for Reflexology	Business practices for Reflexology. Business start-up, business plan, financial & administrative procedures. Develop Marketing Strategy.	https://shirleyknapp.com/product/building-your-business-for-reflexology-online-course-3-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				3	Shirley Knapp	ARCB, NCBTMB

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Home Study		Cancer and Massage Therapy	This 10 CE hour home study course provides an overview of cancer and how massage therapy may help as an adjunct therapy. This course covers topics such as cancer statistics, cancer myths, types of cancer, treatments for cancer, prevention of cancer, and cancer risk factors.	https://massagetherapyceu.com/course_details.php?cid=52&cname=Cancer_and_Massage_Therapy	info@massagetherapyceu.com	866-784-5940				10	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Chair Massage	Master the art of chair massage in this 12 CE hour home study course. This course covers many topics including: chair massage techniques, chair set up, body mechanics, communication, the business of chair massage, how to formulate a chair massage routine, and marketing.	https://massagetherapyceu.com/course_details.php?cid=71&cname=Chair_Massage	info@massagetherapyceu.com	866-784-5940				12	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Craniosacral Therapy	The 10 CE hour Craniosacral Therapy home study course will outline and explain what craniosacral therapy (CST) is, how it heals, the history behind CST, its relationship to other healing modalities, and what happens during a craniosacral session.	https://www.massagetherapyceu.com/course_details.php?cid=10&cname=Craniosacral_Therapy	info@massagetherapyceu.com	866-784-5940				10	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Cupping for Massage Therapists	The 9 CE hour Cupping Therapy for Massage Therapists will introduce you to both the theory and practice of therapeutic cupping in massage and bodywork.	https://www.massagetherapyceu.com/course_details.php?cid=136&cname=Cupping_Therapy_for_Massage_Therapists	info@massagetherapyceu.com	866-784-5940				9	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Deep Tissue for Muscular Conditions	The Deep Tissue Massage for Muscular Conditions provides basic theory, anatomy, assessment, and deep tissue massage application for 22 common muscular, neuromuscular, and connective tissue disorders.	https://www.massagetherapyceu.com/course_details.php?cid=152&cname=Deep_Tissue_Massage_for_Muscular_Conditions	info@massagetherapyceu.com	866-784-5940				8	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Developing Your Intuition	Strengthen intuition to increase massage business. Provides exercises for accessing intuitive development.	https://shirleyknapp.com/WordPress/product/developing-your-intuition-online/	shirley@shirleyknapp.com	828-736-7100				3	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Home Study		Essential Chakras		https://www.bowsagetherapy.com/webinars	Bowsagetherapy@gmail.com						Michelle Lally	NCBTMB
Home Study		Ethics for Massage Therapists	This 4 CE hour home study ethics course provides a general overview of ethics topics such as scope of practice, professionalism, confidentiality, consent, business practices, and record keeping.	https://www.massagetherapyceu.com/course_details.php?cid=111&cname=Ethics_for_Massage_Therapists	info@massagetherapyceu.com	866-784-5940				4	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC

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Home Study		Ethics Refresher	This 3 CE hour home study course provides an overview of general ethics topics relevant to the massage therapy profession. This course covers topics such as scope of practice, boundaries, transference, office policy, sexual conduct, and financial procedures.	https://www.massagetherapyceu.com/course_details.php?cid=51&cname=Ethics_Refresher	info@massagetherapyceu.com	866-784-5940				3	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Ethics Standard V	Principles and practices of professional ethics. Includes NCBTMB Standard V: Roles and Boundaries.	https://shirleyknapp.com/product/ethics-standard-v-3-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				3	Shirley Knapp	NCBTMB, NC, TN, SC, GA
Home Study		Ethics, Beliefs, and Regulations	This 3 CE hour ethics course will present you with current information on ethics, beliefs, scope of practice, and regulations in the massage therapy profession.	https://www.massagetherapyceu.com/course_details.php?cid=177&cname=Ethics,_Beliefs_and_Regulations	info@massagetherapyceu.com	866-784-5940				3	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Ethics, Boundaries and Relationships	This 3 CE hour ethics course will present you with current information on keeping proper boundaries with clients, from the first phone call through the massage session.	https://www.massagetherapyceu.com/course_details.php?cid=178&cname=Ethics,_Boundaries_and_Client_Relationships	info@massagetherapyceu.com	866-784-5940				3	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Evidence Based	The 12 CE hour Evidenced Based Massage course will introduce therapists to the practice of evidence-based	https://www.massagetherapyceu.com/course_details.php?cid=169&cname=Facilitated_(PNF)_Stretching	info@massagetherapyceu.com	866-784-5940				12	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Facilitated PNF Stretching	Proprioceptive neuromuscular facilitation (PNF) stretching is a safe and easy-to-use method that involves stretching the muscle, contracting is isometrically against resistance, and then stretching it again to increase range of motion. This 11 CE hour course will introduce you to PNF stretching; what it is, how it works, and how it is performed.	https://www.massagetherapyceu.com/course_details.php?cid=169&cname=Facilitated_(PNF)_Stretching	info@massagetherapyceu.com	866-784-5940				11	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Human Trafficking and Massage	The 1 CE hour Human Trafficking and Massage is meant to provide you with information on human trafficking in the United States and how it impacts the massage industry.	https://www.massagetherapyceu.com/course_details.php?cid=146&cname=Human_Trafficking_and_Massage	info@massagetherapyceu.com	866-784-5940				1	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Integrated Massage	The 10 CE hour Integrated Massage online/home study course combines deep tissue massage, neuromuscular therapy, trigger point therapy, Swedish massage, polarity therapy, shiatsu therapy, and postural assessment to create a comprehensive integrated approach to massage therapy.	https://www.massagetherapyceu.com/course_details.php?cid=131&cname=Integrated_Massage	info@massagetherapyceu.com	866-784-5940				10	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Integrative Reflexology®	-Clients rave about foot reflexology. -Techniques are easy on the thumbs. -Reflexology charts that make sense and are easy to follow.	https://www.clairemariemiller.com/product-page/integrative-reflexology-16ce-home-study-course	clairemariemiller1979@gmail.com	919-280-5505				16	Claire Marie Miller Seminars	NCBTMB, AMTA

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Home Study		Kinesiology and Acupressure Taping	The 6 CE hour Kinesiology and Acupressure Taping course will introduce you to the principles and practice of using kinesio- and acutaping in your massage therapy practice.	https://www.massagetherapyceu.com/course_details.php?cid=120&cname=Kinesiology_and_Acupressure_Taping	info@massagetherapyceu.com	866-784-5940				6	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Lymphatic Drainage Basics	The 8 CE hours Lymphatic Drainage Basics course will introduce students to the principles and practice of lymph drainage massage (LDM).	https://www.massagetherapyceu.com/course_details.php?cid=137&cname=Lymphatic_Drainage_Basics	info@massagetherapyceu.com	866-784-5940				8	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Lymphatic Drainage Massage	Learn the unique art of lymphatic drainage massage in this 14 CE hour course! The Lymphatic Drainage Massage home study course will introduce you to the principles and practice of lymphatic drainage massage and related theories.	https://www.massagetherapyceu.com/course_details.php?cid=46&cname=Lymphatic_Drainage_Massage	info@massagetherapyceu.com	866-784-5940				14	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Marketing Your Business	Marketing & advertising techniques for business. Develop marketing plan, marketing budget & social media strategy.	https://shirleyknapp.com/WordPress/product/marketing-your-business-online-course-2-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				2	Shirley Knapp	NCBTMB, NC, TN, SC, GA, NC Board of Cosmetic Arts
Home Study		Marketing Your Business for Reflexology	Marketing & advertising techniques for business. Develop marketing plan, marketing budget & social media strategy.	https://shirleyknapp.com/WordPress/product/marketing-your-business-for-reflexology-online-course-2-ce-hrs/	shirley@shirleyknapp.com	828-736-7100				2	Shirley Knapp	ARCB, NCBTMB
Home Study		Massage and Carpal Tunnel Syndrome	The 5 CE hour Massage and Carpal Tunnel Syndrome home study course defines carpal tunnel syndrome and how it relates to the massage therapy profession. This course is two fold - explaining how massage therapy can benefit your clients with carpal tunnel syndrome and also explaining how to treat and prevent carpal tunnel syndrome as a massage therapist.	https://massagetherapyceu.com/course_details.php?cid=25&cname=Massage_and_Carpal_Tunnel_Syndrome	info@massagetherapyceu.com	866-784-5940				5	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Massage and Fibromyalgia Syndrome	The 7 CE hour Massage and Fibromyalgia Syndrome home study course defines fibromyalgia syndrome (FMS) and how it relates to the massage therapy profession. This course will educate you on the signs, symptoms, causes, and different treatments for fibromyalgia. It will also discuss different massage modalities that can be effective in treating fibromyalgia.	https://www.massagetherapyceu.com/course_details.php?cid=33&cname=Massage_and_Fibromyalgia_Syndrome	info@massagetherapyceu.com	866-784-5940				7	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC

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Home Study		Massage for the Elderly and Ill	The 9 CE hour Massage for the Elderly and Ill home study course will outline and explain appropriate treatment strategies for working with clients who are elderly, frail, chronically ill, or injured.	https://www.massagetherapyceu.com/course_details.php?cid=59&cname=Massage_for_the_Elderly_and_Ill	info@massagetherapyceu.com	866-784-5940				9	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Medical Massage Therapy	The 18 CE hour Medical Massage Therapy home study course will present you with fundamental principles for assessing and treating common musculoskeletal conditions with outcome-based massage therapy.	https://www.massagetherapyceu.com/course_details.php?cid=149&cname=Medical_Massage_Therapy	info@massagetherapyceu.com	866-784-5940				18	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Myofascial Release Techniques	The 9 CE hour Myofascial Release Techniques course will introduce you to myofascial release (MFR) principles and techniques that you can instantly incorporate into your massage practice. This course is based on the teachings of John F. Barnes and will explain the fascial matrix and ways to use MFR techniques to help release fascial restrictions.	https://www.massagetherapyceu.com/course_details.php?cid=154&cname=Myofascial_Release_Techniques	info@massagetherapyceu.com	866-784-5940				9	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Nurturing the Mother® Fertility Massage Specialist	-Learn massage tools to support a healthy reproductive system. -Help clients with their dream of creating a family	https://www.clairemariemiller.com/product-page/nurturing-the-mother-fertility-massage-specialist-16ce-home-study-course	clairemariemiller1979@gmail.com	919-280-5505				16	Claire Marie Miller Seminars	NCBTMB, AMTA
Home Study		Nurturing the Mother® Pregnancy and Postpartum Massage	-Never turn a pregnant client away again. -Leave confident and ready to support your client through pregnancy, labor and postpartum.	https://www.clairemariemiller.com/product-page/pregnancy-and-postpartum-massage-16ce-home-study-course	clairemariemiller1979@gmail.com	919-280-5505				16	Claire Marie Miller Seminars	NCBTMB, AMTA
Home Study		Plantar Fasciitis	The 1 CE hour Plantar Fasciitis home study course will introduce you to Plantar Fasciitis (inflammation of the plantar fascia) and how massage therapy can be used to help treat the associated symptoms.	https://www.massagetherapyceu.com/course_details.php?cid=163&cname=Plantar_Fasciitis	info@massagetherapyceu.com	866-784-5940				1	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC
Home Study		Pregnancy Massage	Expand your knowledge of prenatal, labor, and postpartum massage in this Pregnancy Massage home study course. The 16 CE hour course will introduce you to pregnancy massage, providing valuable information on the physiology of pregnancy, benefits and contraindications to pregnancy massage, and basic massage techniques to treat the common discomforts of pregnancy.	https://massagetherapyceu.com/course_details.php?cid=41&cname=Pregnancy_Massage	info@massagetherapyceu.com	866-784-5940				16	Corrine Rubida, Center for Massage Therapy	NCBTMB, GA, NC

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Home Study		Reflexology	The 14 CE hour Reflexology home study course will introduce you to reflexology of the hands and feet.	https://www.massagetherapyceu.com/course_details.php?cid=175&cname=Reflexology	info@massagetherapyceu.com	866-784-5940				14	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Structural Bodywork	The 14 CE hour Structural Bodywork course will introduce therapists to structural bodywork; what it is and how it works. Structural bodywork focuses on issues of posture and structure and the functional limitations that arise from them.	https://www.massagetherapyceu.com/course_details.php?cid=132&cname=Structural_Bodywork	info@massagetherapyceu.com	866-784-5940				14	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Thai on the Table (Complete Training)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This course covers the full body in four positions and is a complete Thai on the Table training.	https://courses.thaiyogabodyworkacademy.com/bundles/table-thai-1-2	michaelsitzer@gmail.com	828-774-2662				6	Michael Sitzer	NCBTMB, FL
Home Study		Thai on the Table (Part 1)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This course is part one of a two part training. The focus will be treating the body in a Supine position.	https://courses.thaiyogabodyworkacademy.com/courses/tablethai1	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai on the Table (Part 2)	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This course is part two of a two part training. The focus will be treating the body in a Side-Lying and a Seated position.	https://courses.thaiyogabodyworkacademy.com/courses/tablethai2	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Bodywork Certification Training	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This course covers all six modules of the full 52 hour certification training.	https://courses.thaiyogabodyworkacademy.com/	michaelsitzer@gmail.com	828-774-2662				18	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Bodywork-Double Leg Stretches	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part four of six of the full 52 hour certification training. This class focuses on Energy Work and Double Leg Stretches.	https://courses.thaiyogabodyworkacademy.com/courses/mod4	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Bodywork-Prone Position	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part three of six of the full 52 hour certification training. This class focuses on the Prone position.	https://courses.thaiyogabodyworkacademy.com/courses/mod3	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Bodywork-Side Lying Position	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part two of six of the full 52 hour certification training. This class focuses on the Side-Lying position.	https://courses.thaiyogabodyworkacademy.com/courses/module2	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Bodywork-Supine Position	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part one of six of the full 52 hour certification training. This class focuses on the Supine position.	https://courses.thaiyogabodyworkacademy.com/courses/thai-yoga-bodywork-certification-training-module-1	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Bodywork-Therapeutic Stretches 1	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of six of the full 52 hour certification training. This class focuses on additional Therapeutic Stretches in the Supine and Side Lying Positions.	https://courses.thaiyogabodyworkacademy.com/courses/mod5	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL

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Home Study		Thai Yoga Bodywork-Therapeutic Stretches 2	Learn the art of Thai Yoga Bodywork with a qualified instructor who has been dedicated to both teaching and practicing this for 20+ years. This class is part five of six of the full 52 hour certification training. This class focuses on additional Therapeutic Stretches in the Supine and Side Lying Positions.	https://courses.thaiyogabodyworkacademy.com/courses/mod6	michaelsitzer@gmail.com	828-774-2662				3	Michael Sitzer	NCBTMB, FL
Home Study		Thai Yoga Massage	Expand your skills as a professional therapist with this 12 CE hour course teaching the principles and practices of Thai yoga massage. Thai yoga massage has been practiced for centuries in Thailand. In this unique healing art, the therapist guides the recipient through a series of yoga postures while massaging the body's energy lines and pressure points.	https://www.massagetherapyceu.com/course_details.php?cid=21&cname=Introduction_to_Thai_Yoga_Massage	info@massagetherapyceu.com	866-784-5940				12	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Thumbs-Free Massage	As bodywork tools, the thumbs are often overused and easily injured. The 4 CE hour Thumbs-Free Massage course will present you with a whole body massage routine without the use of your thumbs.	https://www.massagetherapyceu.com/course_details.php?cid=126&cname=Thumbs-Free_Massage	info@massagetherapyceu.com	866-784-5940				4	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC
Home Study		Traditional Thai Massage	The 9 CE hour Traditional Thai Massage will introduce you to Thai massage principles and techniques that you can instantly incorporate into your massage practice.	https://www.massagetherapyceu.com/course_details.php?cid=153&cname=Traditional_Thai_Massage	info@massagetherapyceu.com	866-784-5940				9	Corrine Rubida, Center for Massage Therapy CE	NCBTMB, GA, NC